Staff Nurse

Date: 20-Mar-2026 | Total: 480 Questions

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1). Which of the following is not a purpose of performance appraisal in nursing? [Nursing]

A) Helps in finding friends

B) Enhance professional growth

C) Evaluate performance

D) Improve performance

Answer: Helps in finding friends

2). To prevent rusting, the element used in galvanization is: [Nursing]

A) Calcium

B) Zinc

C) Copper

D) Carbon

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Answer: Zinc

3). Which of the following Governor-General proclaimed the end of the Mutiny on 8th July 1858? [India GK]

A) Lord Canning

B) Lord William Bentinck

C) Lord Minto I

D) Lord Cornwallis

Answer: Lord Canning

4). Which of the following is INCORRECT with respect to nasopharynx? [Nursing]

A) It is a part of resonating chamber for voice production

B) It drains nasopharyngeal mucus secretions

C) It helps in middle ear ventilation

D) It is a common conduit for passage of both air and food

Answer: It is a common conduit for passage of both air and food

5). A parent is visibly upset after hearing about their child's treatment plan. What should the nurse do to provide emotional support? [Nursing]

A) Offer to sit with the parent and listen to their concerns

B) Leave the parent alone to process the information

C) Give the parent advice on coping strategies immediately

D) Suggest the parent calm down and think positively

Answer: Offer to sit with the parent and listen to their concerns

6). Sternberg's triarchic theory of intelligence describes all the following aspects of intelligence EXCEPT: [Nursing]

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A) Abstract thinking

B) Creative thinking

C) Practical thinking

D) Analytical thinking

Answer: Abstract thinking

7). A 25-year-old patient presents with episodic wheezing and cough. Sputum analysis reveals Charcot-Leyden crystals. What are these crystals derived from? [Nursing]

A) Eosinophil granules

B) Neutrophil granules

C) Plasma cell granules

D) Mast cell granules

Answer: Eosinophil granules

8). Which of the following states does NOT share a border with Himachal Pradesh? [HP GK]

A) Punjab

B) Bihar

C) Uttar Pradesh

D) Uttarakhand

Answer: Bihar

9). Select the most appropriate idiom to replace the capitalised words in the sentence below.
The teacher advised the students to PAY ATTENTION while walking to the playground.
[English]

A) keep their eyes peeled

B) turn over a new leaf

C) bite the bullet

D) break the ice

Answer: keep their eyes peeled

10). Tubal rupture is one of the modes of termination of tubal pregnancy. The usual time of isthmic rupture is: [Nursing]

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A) 12 weeks

B) 6-8 weeks

C) 12-16 weeks

D) 16-20 weeks

Answer: 6-8 weeks

11). Which organism most commonly causes conjunctivitis in children? [Nursing]

A) Mycobacterium tuberculosis bacteria

B) Plasmodium vivax parasite

C) Streptococcus pneumoniae

D) Escherichia coli bacteria

Answer: Streptococcus pneumoniae

12). The purpose of a clinical audit is to: [Nursing]

A) continue performance appraisal

B) identify established clinical care standards or not

C) identify the infection rate in a hospital

D) giving induction training to staff

Answer: identify established clinical care standards or not

13). The main source of energy in the human diet is: [Nursing]

A) simple sugars

B) plant minerals

C) carbohydrates

D) dietary fibre

Answer: carbohydrates

14). A child with diarrhea is being treated at home. The danger signs requiring medical attention are all EXCEPT: [Nursing]

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A) Refusal to feed

B) Continuing diarrhea beyond 3 days

C) Increasing thirst

D) Increasing urination

Answer: Increasing urination

15). What is meant by 'overlapping differences'? [India GK]

A) When multiple differences align to form distinct groups

B) When social differences cut across each other, reducing the intensity of divisions.

C) When individuals choose their social group based on interests.

D) When all social groups have equal access to opportunities.

Answer: When social differences cut across each other, reducing the intensity of divisions.

16). According to a 2025 Chhattisgarh High Court judgment, which Article of the Constitution is violated by mandatory virginity tests? [Current Affairs]

A) Article 21

B) Article 14

C) Article 19

D) Article 16

Answer: Article 21

17). 'जाकी रही भावना जैसी, प्रभु मूरत देखी तनि तैसी' उपर्युक्त लोकोक्तकिा उचति अर्थ क्या है? [Hindi]

A) अपने अनुसार बातों को समझना

B) वैज्ञानकि यथार्थवाद

C) वस्तुनष्ठि सत्य

D) ऐतहिासकि सद्धिांत

Answer: अपने अनुसार बातों को समझना

18). Which nursing intervention is most effective in reducing separation anxiety in a hospitalised toddler? [Nursing]

A) Using restraints to prevent the child from leaving the bed

B) Allowing a familiar toy or blanket at the bedside

C) Keeping lights on all night to reduce fear

D) Encouraging parents to leave so the child adjusts quickly

Answer: Allowing a familiar toy or blanket at the bedside

19). Which of the following is NOT true about standard treatment guidelines? [Nursing]

A) They help ensure to provide quality of care.

B) They are an important tool for regulation of public funded health scheme.

C) They do not take evidence into consideration.

D) They help in the planning and costing of services.

Answer: They do not take evidence into consideration.

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20). Which scenario best demonstrates the impact of socialization on an individual's language development during childhood? [Nursing]

A) A child developing language skills without any social interaction

B) A child watching silent videos without conversation

C) A child learning to speak by interacting daily with family members

D) A child memorizing vocabulary from a television program alone

Answer: A child learning to speak by interacting daily with family members

21). A newborn presents with a visibly distended abdomen and failure to pass meconium within the first 48 hours. Which congenital malformation should the nurse suspect and prioritize in her initial assessment? [Nursing]

A) Tracheoesophageal fistula

B) Cleft lip

C) Diaphragmatic hernia

D) Hirschsprung disease

Answer: Hirschsprung disease

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22). A school going girl is brought to the pediatrics OPD by her mother with complaints that the girl has a feeling of uneasiness in unfamiliar surroundings, refusal to visit school and friend's home since the past 2 weeks. History reveals that the girl is otherwise overly compliant, eager to please and clings to her mother. She often has abdominal pain, nausea and vomiting. What is the likely diagnosis of the girl? [Nursing]

A) Depression

B) Separation anxiety disorder

C) School phobia

D) Attention deficit disorder

Answer: Separation anxiety disorder

23). Which of the following chromosomal abnormalities is most likely to result in severe intellectual disability, rocker-bottom feet, clenched fists, and congenital heart disease in infants? [Nursing]

A) Trisomy 21 (Down syndrome)

B) Turner syndrome

C) Trisomy 18 (Edwards syndrome)

D) Cri-du-chat syndrome

Answer: Trisomy 18 (Edwards syndrome)

24). Which ultrasound finding is most indicative of a molar pregnancy in early gestation? [Nursing]

A) Double decidual sac sign

B) Snowstorm appearance

C) Simple ovarian cyst

D) Live intrauterine fetus

Answer: Snowstorm appearance

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25). In addition to the core objectives of increasing and restoring forest and green cover; what is the purpose of the revised Green Mission launched in India in June 2025? [Current Affairs]

A) Restoration of Coral reefs

B) Restoration of green coverage in the Aravalli ranges

C) Restoration of green coverage in Backwaters

D) Restoration of green coverage in salt Desert

Answer: Restoration of green coverage in the Aravalli ranges

26). Which nation joined the BRICS New Development Bank as a new member in May 2025? [Current Affairs]

A) Turkey

B) Algeria

C) Egypt

D) Argentina

Answer: Algeria

27). Which ovarian tumor is characterized by the presence of Call-Exner bodies and may produce estrogen? [Nursing]

A) Mucinous cystadenoma

B) Granulosa cell tumor

C) Serous cystadenoma

D) Dysgerminoma

Answer: Granulosa cell tumor

28). Which of the following is not a symptom of pericarditis? [Nursing]

A) Fever

B) Anorexia

C) Cough

D) Palpitations

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Answer: Anorexia

29). Which is the best position to place a patient in immediately before spinal anesthesia is administered? [Nursing]

A) Prone with arms at sides

B) Sitting with back arched forward

C) Supine with legs straight

D) Lying on left side with legs extended

Answer: Sitting with back arched forward

30). नम्निलखिति मुहावरे का सही अर्थ पहचानें: 'अंधे को चरिाग दखिाना' [Hindi]

A) रास्ता रोशन करना

B) अपनी प्रयि चीज देना

C) मूर्ख को उपदेश देना

D) अंधे का भला करना

Answer: मूर्ख को उपदेश देना

31). Which technique of staining is used to identify Mycobacterium tuberculosis? [Nursing]

A) Giemsa stain

B) Gram stain

C) Ziehl-Neelsen Stain

D) Methylene blue stain

Answer: Ziehl-Neelsen Stain

32). 'जैसा देश वैसा भेष' उक्त लोकोक्तकिा उचति अर्थ क्या है? [Hindi]

A) उसी रंग में रंग जायें

B) इतहिासवाद का दौर

C) वर्ग-संघर्ष का महत्त्व

D) संरचनावाद की वशिषता

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Answer: उसी रंग में रंग जायें

33). A nurse is collecting health history from a client using the interview technique. She is using open-ended questions to collect the history of present illness. Which of the following is a close-ended question? [Nursing]

A) Tell me how you are feeling?

B) How often do you awake at night?

C) Describe how your wife has been helping you?

D) How do you get relief from your pain at home?

Answer: How often do you awake at night?

34). The Ferguson reflex is triggered by: [Nursing]

A) Maternal anxiety

B) Uterine relaxation

C) Vaginal stretching by the presenting part

D) Placental release

Answer: Vaginal stretching by the presenting part

35). Which of the following blood cells do not contain nucleus and mitochondria? [Nursing]

A) Granulocytes

B) Agranulocytes

C) Red blood cells

D) Platelets

Answer: Red blood cells

36). Which condition can occur if a Rh-negative mother carries a Rh-positive fetus? [Nursing]

A) Placenta previa condition

B) Congenital heart malformation

C) Liver infection

D) Hemolytic disease of newborn

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Answer: Hemolytic disease of newborn

37). Which of the following is not an approach used in primary data collection? [Nursing]

A) Self reports

B) Observation

C) Biophysiological measures

D) Journal presentation

Answer: Journal presentation

38). According to the Central Water Commission, which of the following is the longest peninsular river in India? [India GK]

A) Narmada

B) Krishna

C) Mahanadi

D) Godavari

Answer: Godavari

39). Which of the following is the most reliable tool to identify for altered sensorium? [Nursing]

A) Glasgow Coma Score

B) Respiratory rate level

C) Change in body weight

D) Pulse pressure range

Answer: Glasgow Coma Score

40). YUVX is related to TPQS in a certain way based on the English alphabetical order. In the same way, MIJL is related to HDEG. To which of the following is LHIK related to, following the same logic? [Reasoning]

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A) GBCF

B) GDCG

C) GCDF

D) GCCF

Answer: GCDF

41). Who proposed the theory of multiple intelligence? [Nursing]

A) Howard Gardner

B) Alfred Binet

C) Erik Erikson

D) Jean Piaget

Answer: Howard Gardner

42). Select the option that rectifies the given sentence by replacing the underlined words: The chemicals released under the river have contaminated the water supply. [English]

A) released to

B) released over

C) released on

D) released into

Answer: released into

43). During transport of a patient with an oxygen mask to another department, what is the most appropriate action for the nurse to take? [Nursing]

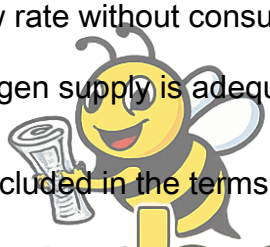
A) Remove the oxygen mask temporarily for ease of movement

B) Check that the oxygen supply is adequate and functioning throughout transport

C) Transport the patient first, then reconnect the oxygen supply upon arrival

D) Increase the oxygen flow rate without consulting a physician

Answer: Check that the oxygen supply is adequate and functioning throughout transport



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44). Which issue was explicitly included in the terms of reference of the Punchhi Commission (2007)? [India GK]

A) Disinvestment in public sector undertakings

B) Conduct of State elections

C) Foreign policy powers of State government

D) Legislative relations between the Centre and States

Answer: Legislative relations between the Centre and States

45). A 45-year-old man presents with hoarseness, sore throat and mild difficulty swallowing. The nurse suspects laryngitis. Which nursing intervention is the most appropriate to reduce symptoms? [Nursing]

A) Suggest frequent throat clearing to relieve discomfort.

B) Advise the patient to whisper to reduce strain on vocal cords.

C) Recommend only ice-cold fluids to soothe the throat.

D) Encourage the patient to speak as little as possible.

Answer: Encourage the patient to speak as little as possible.

46). Which step is the final stage in the process of haemostasis? [Nursing]

A) Vascular spasm

B) Platelet plug formation

C) Fibrin clot formation

D) Vasodilation

Answer: Fibrin clot formation

47). Who regulates nursing education and practice in India? [Nursing]

A) Indian Health Board

B) Indian Medical Council

C) Indian Nursing Council

D) Indian Nursing Academy

Answer: Indian Nursing Council

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48). As highlighted in the Himachal Pradesh Economic Survey 2024-25, approximately by what percentage did crossbreed cattle population increase in Himachal Pradesh during the 2019 Livestock Census compared to 2012 Census? [HP GK]

A) 4.35 per cent

B) 12.3 per cent

C) 8.64 per cent

D) 15.7 per cent

Answer: 8.64 per cent

49). What is the main aim of a well-functioning referral system? [Nursing]

A) Improve the continuity of care.

B) Reduce the number of specialists available.

C) Increase the cost of healthcare.

D) Isolate healthcare facilities.

Answer: Improve the continuity of care.

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50). In which of the following methods are retrospective inquiries about the nature and quantity of food eaten during the previous 24 to 48 hours to assess the nutritional status made? [Nursing]

A) Weighment of raw food

B) Laboratory examination

C) Weighment of cooked food

D) Oral questionnaire method

Answer: Oral questionnaire method

51). नम्निलखिति वाक्य को उचति 'वशिषण' शब्द से पूर्ण करें- वह एक _____ व्यक्तहै। [Hindi]

A) पापी

B) सभी

C) सज्जन

D) तरिछे

Answer: सज्जन

52). Which word in the sentence is the antonym of 'superficial'? "The researchers unveiled a profound mystery, shrouded in enigma beneath the ocean's unfathomable surface." [English]

A) unveiled

B) shrouded

C) profound

D) unfathomable

Answer: profound

53). The most important symptom to diagnose Benign Prostatic Hyperplasia (BPH) is: [Nursing]

A) polyuria

B) pain while urination

C) obstruction of urine flow

D) testicular enlargement

Answer: obstruction of urine flow

54). An electric toaster converts electricity to: [Nursing]

A) Potential energy

B) Chemical energy

C) Light energy

D) Thermal energy

Answer: Thermal energy

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55). In 2025, which Indian tennis player and two-time Grand Slam champion announced his retirement from professional tennis after a 20-year-long career? [Current Affairs]

A) Mahesh Bhupathi

B) Leander Paes

C) Rohan Bopanna

D) Nihal Sarin

Answer: Rohan Bopanna

56). Which city saw the most successful Workers and Peasant Parties (WPPs) strike in 1928? [India GK]

A) Kurla

B) Ahmedabad

C) Bombay

D) Wardha

Answer: Bombay

57). A community health nurse is designing a health promotion program for a rural community. Which determinant should be prioritized to address malnutrition among children? [Nursing]

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A) Availability of recreational facilities

B) Prevalence of genetic diseases

C) Socioeconomic status of families

D) Rates of urban migration

Answer: Socioeconomic status of families

58). The information on progress of client's problems is recorded in a structured format. One of the methods is SOAP charting. What is the full form of SOAP? [Nursing]

A) Subject, objective, accomplish, progress

B) Select, open, accurate, problem

C) Subjective, objective, assessment, plan

D) Source, open ended, accurate, plan

Answer: Subjective, objective, assessment, plan

59). Which of the following is the most common cause of abdominal aortic aneurysm? [Nursing]

A) Appendicitis

B) Hernia

C) Atherosclerosis

D) Trauma

Answer: Atherosclerosis

60). A nurse is reviewing documentation for a topical medication. Which entry would most likely indicate a potential error in the administration record? [Nursing]

A) Noting the patient's level of comfort after administration

B) Failure to mention the application site and skin condition

C) Reporting the time and dose of the medication

D) Documenting the medication's lot number

Answer: Failure to mention the application site and skin condition

61). Why would a city target footloose industries to reduce infrastructure costs? [India GK]

A) They create high pollution and environmental damage.

B) They must locate near heavy and bulky raw materials.

C) They require large workforces and mass-scale production.

D) They are non-polluting, need few workers, and are location-flexible.

Answer: They are non-polluting, need few workers, and are location-flexible.

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62). What type of waste goes in the red-coloured bag? [Nursing]

A) Broken glassware

B) Blood-soaked gauze

C) Expired medicines

D) Used IV sets only

Answer: Used IV sets only

63). Which of the following behaviors is most commonly observed in a preschool-aged child experiencing grief during hospitalization? [Nursing]

A) Expressing grief verbally and clearly identifying emotions

B) Exhibiting regressive behaviors such as bedwetting or thumb-sucking

C) Withdrawing completely and refusing to speak

D) Demonstrating logical understanding of death and its permanence

Answer: Exhibiting regressive behaviors such as bedwetting or thumb-sucking

64). Refer to the series (Left to Right): F$T7E9J!#JZA3U$AZIT0B2@I. How many such symbol(s) are there each of which is immediately preceded by a symbol and also immediately followed by a letter? [Reasoning]

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A) ONE

B) ZERO

C) TWO

D) THREE

Answer: ONE

65). A congenital renal disorder in which the kidneys are fused with a renal parenchymal or fibrous isthmus is: [Nursing]

A) Horseshoe Kidney

B) Multicystic Dysplastic Kidney

C) Ectopic Kidney

D) Renal Agenesis

Answer: Horseshoe Kidney

66). What is the focus of quality assurance in nursing? [Nursing]

A) Improve patient care outcomes

B) Shorten nursing shifts

C) Reduce paperwork

D) Avoid use of new equipment

Answer: Improve patient care outcomes

67). Which action best demonstrates providing emotional support to a hospitalized child during a painful procedure? [Nursing]

A) Asking the parent to wait outside during the procedure

B) Explaining the procedure in simple terms and offering comfort

C) Allowing the child to watch television during the procedure

D) Telling the child not to cry and be brave

Answer: Explaining the procedure in simple terms and offering comfort

68). (Left) 614 328 759 402 533 (Right). If 4 is added to the second digit of every number, in how many numbers will the second digit be exactly divisible by the third digit? [Reasoning]

A) NONE

B) 2

C) 1

D) 3

Answer: 2

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69). A 48-year-old man with severe vomiting for 2 days comes to the emergency room. He is lethargic, complains of tingling around his mouth and has shallow breathing. Which acid-base imbalance is most likely? [Nursing]

A) Metabolic alkalosis

B) Respiratory alkalosis

C) Metabolic acidosis

D) Respiratory acidosis

Answer: Metabolic alkalosis

70). Which hormone is most commonly associated with stress? [Nursing]

A) Oestrogen hormone

B) Thyroxine hormone

C) Cortisol hormone

D) Insulin hormone

Answer: Cortisol hormone

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71). Select the most appropriate option to fill in the blanks: She has ____ degree in ____ physics. [English]

A) the, a

B) the, the

C) a, No article required

D) No article required, the

Answer: a, No article required

72). A scale consisting of several declarative items that expresses a view point on a topic in which the respondents are asked to indicate the degree to which they agree or disagree with the opinion expressed by the statement is: [Nursing]

A) Semantic Differential Scale

B) Visual Analogue Scale

C) Likert Scale

D) Checklist

Answer: Likert Scale

73). Which among the following hydroelectric power projects is located on the Satluj River in Himachal Pradesh? [HP GK]

A) Koyna Hydroelectric Project

B) Binwa Hydroelectric Project

C) Rampur Hydroelectric Project

D) Tehri Dam Project

Answer: Rampur Hydroelectric Project

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74). A nurse is documenting a patient's medication administration in an electronic health record (EHR). Which action best demonstrates proper use of health records to support patient safety? [Nursing]

A) Using copy-paste to record previous notes for efficiency

B) Entering medication details after completing the shift

C) Verifying patient identity before documenting medication administration

D) Relying solely on verbal updates from colleagues

Answer: Verifying patient identity before documenting medication administration

75). What is the daily protein requirement for an average adult per kg body weight? [Nursing]

A) 2.0 grams daily

B) 0.4 grams daily

C) 1.2 grams daily

D) 0.8 grams daily

Answer: 0.8 grams daily

76). A nurse is teaching a patient with a total hip replacement about post-operative care. Which movement should the patient avoid to prevent hip dislocation? [Nursing]

A) Crossing legs at the knees while sitting

B) Keeping operative leg straight when walking

C) Using a raised toilet seat

D) Weight bearing as tolerated

Answer: Crossing legs at the knees while sitting

77). Match the food components with their corresponding test methods: A. Starch - 3. Iodine solution; B. Protein - 2. Copper sulphate and caustic soda; C. Fat - 1. Greasy when crushed [Nursing]

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A) A-3, B-2, C-1

B) A-2, B-3, C-1

C) A-3, B-1, C-2

D) A-1, B-3, C-2

Answer: A-3, B-2, C-1

78). What is Demography? [India GK]

A) The study of the structure and development of languages in a community

B) The study of the size, distribution, and composition of populations

C) The study of Earth's physical features, including climate and soil

D) The study of human behaviour in social settings and groups

Answer: The study of the size, distribution, and composition of populations

79). In a certain code language, 'the clear sky' is coded as 'uk lq ho' and 'water seems clear' is coded as 'ws ho af'. How is 'clear' coded in the given language? [Reasoning]

A) ho

B) lq

C) af

D) uk

Answer: ho

80). World Bank was set up for the very reason: [India GK]

A) To improve the financial conditions of the less developed countries

B) To ensure exchange rate stabilisation

C) To reconstruct the economies shattered by World War II

D) To encourage Savings-Investment patterns for economy's growth and development

Answer: To reconstruct the economies shattered by World War II

81). Which of the following is a major electrolyte in the body? [Nursing]

A) Potassium

B) Vitamin D

C) Urea

D) Glucose

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Answer: Potassium

82). Which format is used for professional documentation? [Nursing]

A) Alphabetical charting

B) Chronological charting

C) Random dot method

D) Weekly fun diary

Answer: Chronological charting

83). The inventory management technique that involves tracking inventory levels and automatically reordering supplies when they reach a predetermined level is: [Nursing]

A) ABC Analysis

B) Economic Order Quantity

C) Perpetual inventory system

D) Periodic inventory system

Answer: Perpetual inventory system

84). What should the nurse suggest for a child diagnosed with anaemia? [Nursing]

A) Offer sweets to increase energy

B) Provide iron-rich diet items

C) Avoid green leafy vegetables

D) Encourage fast food meals

Answer: Provide iron-rich diet items

85). Thumb sucking beyond 4 years may be considered: [Nursing]

A) Sign of intelligence

B) Growth milestone

C) Normal behavior

D) Habit disorder

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Answer: Habit disorder

86). What is the main function of carbohydrates in the human body? [Nursing]

A) Regulating body temperature

B) Strengthening bones

C) Building and repairing tissues

D) Providing energy

Answer: Providing energy

87). A baby born to a mother with poorly controlled gestational diabetes is at increased risk for which complication? [Nursing]

A) Hypoglycemia

B) Hypothyroidism

C) Hypercalcemia

D) Polycythemia

Answer: Hypoglycemia

88). Which of the following is a professional organization for nurses in India? [Nursing]

A) TNAI

B) IMA

C) AIIMS

D) UNICEF

Answer: TNAI

89). A nursing instructor is tasked with evaluating students' ability to integrate theoretical knowledge into practice. Which method best applies educational principles to this situation? [Nursing]

A) Giving an oral lecture on disease process

B) Administering a multiple-choice test

C) Using case studies for group discussion and analysis

D) Assigning textbook chapters for home reading

Answer: Using case studies for group discussion and analysis

90). A woman develops breast pain and fever 10 days postpartum. Her baby has thrush. Which complication should be suspected? [Nursing]

A) Breast abscess

B) Candidal mastitis

C) Galactocele

D) Bacterial mastitis

Answer: Candidal mastitis

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91). Which of the following is NOT a function of the Himachal Pradesh Legislative Assembly? [HP GK]

A) Discussing state policies

B) Conducting judicial trials

C) Passing bills

D) Approving state budget

Answer: Conducting judicial trials

92). What is the recommended method for disposing of used medical dressings in hospital wards? [Nursing]

A) Store in medicine cabinets

B) Wash with regular laundry

C) Place in designated bins

D) Leave on bedside tables

Answer: Place in designated bins

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93). Which observation requires immediate reporting during wound dressing of a child? [Nursing]

A) Mild redness around the wound edges

B) Minor discomfort during dressing

C) Small amounts of serous drainage

D) Presence of foul-smelling discharge from the wound

Answer: Presence of foul-smelling discharge from the wound

94). Which type of record contains daily care activities? [Nursing]

A) Discharge notice list

B) Laboratory report book

C) Admission report file

D) Nursing care record

Answer: Nursing care record

95). A patient with known lung cancer is admitted with progressive dyspnea, muffled heart sounds, jugular venous distension and pulsus paradoxus. Which nursing action is MOST critical in managing this cancer emergency? [Nursing]

A) Prepare the patient for emergent pericardiocentesis

B) Place the patient in Trendelenburg position

C) Administer loop diuretics to reduce fluid volume

D) Start high-dose IV bisphosphonates

Answer: Prepare the patient for emergent pericardiocentesis

96). Which nursing intervention is most effective in reducing patient stress? [Nursing]

A) Administering sedative without consent

B) Restraining the patients

C) Providing reassurance and active listening

D) Ignoring emotional complaints

Answer: Providing reassurance and active listening

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97). In American Psychological Association (APA) format, how are references listed? [Nursing]

A) In reverse order

B) By word count size

C) In alphabetical order

D) In random numbering

Answer: In alphabetical order

98). Which of the following is incorrect with respect to measuring Head Circumference? [Nursing]

A) Head Circumference is a reflection of brain growth

B) It is measured slightly below the eyebrow and pinna of the ear

C) It is measured at the greatest fronto-occipital circumference

D) It is measured with a non-stretchable tape

Answer: It is measured slightly below the eyebrow and pinna of the ear

99). Eight boxes S, T, U, V, W, X, Y and Z are kept one over the other but not necessarily in the same order. Only three boxes are kept between Z and S and S is kept at fifth position from the bottom. Only two boxes are kept between S and W, but W is not kept immediately above Z. Only two boxes are kept between Y and T. S is kept immediately below T. Only V is kept between W and T. U is kept immediately above Y. How many boxes are kept exactly between V and Y? [Reasoning]

A) Four

B) One

C) Three

D) Two

Answer: Three

100). A 2-year-old child presents with delayed speech but normal motor development. Which nursing intervention is most appropriate in this scenario? [Nursing]

A) Refer child for developmental assessment

B) Focus only on improving motor skills

C) Assume the child will catch up without support

D) Wait until the child turns 3

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Answer: Refer child for developmental assessment

101). Which method is suitable for controlling mosquito larvae in stagnant water bodies within urban areas? [Nursing]

A) Application of larvicidal oils

B) Use of fly screens

C) Release of larvivorous fish

D) Indoor residual spraying

Answer: Release of larvivorous fish

102). Which is/are the most frequent site(s) of origin for gliomas in the brain? [Nursing]

A) Pituitary

B) Cerebellum

C) Cerebral hemispheres

D) Spinal cord

Answer: Cerebral hemispheres

103). Which position is typically used for a rectal examination? [Nursing]

A) Sims' position

B) Lithotomy position

C) Supine position

D) Fowler's position

Answer: Sims' position

104). Which digestive enzyme is secreted by the pancreas to break down proteins in the small intestine? [Nursing]

A) Maltase

B) Trypsin

C) Lipase

D) Amylase

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Answer: Trypsin

105). Which of the following is the role of nurses in school-based nutrition programs? [Nursing]

A) Distribute uniforms

B) Conduct sports

C) Routine admissions

D) Screen for malnutrition

Answer: Screen for malnutrition

106). दिए गए विकल्प में से क्रिया के उचित भेद को चुन कर वाक्य पूर्ण करें: 'वह पढ़ रहा था।' वाक्य में _____ क्रिया है। [Hindi]

A) नामधातु क्रिया

B) पूर्वकालिक क्रिया

C) सहायक क्रिया

D) प्रेरणार्थक क्रिया

Answer: सहायक क्रिया

107). Which research type collects data through open discussions? [Nursing]

A) Quantitative research

B) Qualitative research

C) Correlational research

D) Experimental research

Answer: Qualitative research

108). The rights of medication administration DOES NOT include which of the following? [Nursing]

A) Right drug

B) Right time

C) Right dose

D) Right doctors

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Answer: Right doctors

109). Which of the following principles guides a nurse 'to do well'? [Nursing]

A) Accountability

B) Non-maleficence

C) Confidentiality

D) Beneficence

Answer: Beneficence

110). A nurse is planning discharge for a patient needing ongoing rehabilitation. Which is the most effective way to ensure continuity of care? [Nursing]

A) Scheduling follow-up appointments with the surgeon

B) Arranging for home delivery of medications

C) Coordinating with outpatient rehabilitation services before discharge

D) Providing written instructions only at discharge

Answer: Coordinating with outpatient rehabilitation services before discharge

111). Select the option that can be used as a one-word substitute for the given group of words: "One who advocates against war" [English]

A) Militarist

B) Pacifist

C) War-monger

D) Prohibitionist

Answer: Pacifist

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112). Which of the following interventions might a nurse suggest for a patient with scurvy? [Nursing]

A) Prescribing iron tablets

B) Suggesting Vitamin C supplements

C) Recommending a low-fat diet

D) Recommending a high-fibre diet

Answer: Suggesting Vitamin C supplements

113). A postpartum woman is prescribed bromocriptine for lactation suppression. Which adverse effect should the nurse monitor for? [Nursing]

A) Increased appetite

B) Hypertension

C) Hypotension

D) Bradycardia

Answer: Hypotension

114). Who among the following British officers officially declared Simla as the summer capital of the British Empire? [HP GK]

A) Lord Dalhousie

B) Lord Canning

C) Sir John Lawrence

D) Lord Curzon

Answer: Sir John Lawrence

115). Which method is appropriate for sterilizing heat-sensitive medical equipment? [Nursing]

A) Ethylene oxide gas sterilization

B) Autoclaving at 121°C

C) Dry heat sterilization at 160°C

D) Boiling for 30 minutes

Answer: Ethylene oxide gas sterilization

116). Which of the following is NOT a risk factor for mental and developmental disorder in infancy and early childhood? [Nursing]

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A) Peer pressure

B) Maternal mental illness

C) Inadequate parenting

D) Early emotional deprivation

Answer: Peer pressure

117). During synchronized cardioversion, what is the most crucial step to prevent patient injury? [Nursing]

A) Administer sedation prior to performing the procedure

B) Provide supplemental oxygen at appropriate rate throughout procedure

C) Ensure the synchronization mode is activated before delivering the shock

D) Place defibrillator pads in anterior-posterior position

Answer: Ensure the synchronization mode is activated before delivering the shock

118). A newborn is diagnosed with a congenital condition in which the esophagus ends in a blind pouch and does not connect to the stomach. What is this condition called? [Nursing]

A) Esophageal atresia

B) Pyloric stenosis

C) Tracheoesophageal fistula

D) Duodenal atresia

Answer: Esophageal atresia

119). A community nurse is assessing a child with persistent fever in a rural setting. Which intervention is most appropriate to prioritize when no immediate healthcare facility is available? [Nursing]

A) Encourage oral fluids and monitor for danger signs

B) Apply cold compresses continuously

C) Delay any intervention until a physician arrives

D) Administer antibiotics without prescription

Answer: Encourage oral fluids and monitor for danger signs

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120). A farmer in a rural area needs a loan but can only approach a moneylender. What is a potential risk the farmer may face? [India GK]

A) The farmer will have to provide more documentation than with a bank.

B) The moneylender could use unfair means to recover the money.

C) The government will supervise the repayment process.

D) The farmer will always get a lower interest rate.

Answer: The moneylender could use unfair means to recover the money.

121). Which of the following is a digital method of sharing research? [Nursing]

A) Hospital duty sheet

B) Television broadcast

C) Online research portal

D) Conference banners

Answer: Online research portal

122). What is a key role of nurses in preventing protein-energy malnutrition (PEM)? [Nursing]

A) Teaching basic reading and writing skills

B) Arranging hospital beds for treatment

C) Monitoring growth and giving diet advice

D) Distributing free clothes to children

Answer: Monitoring growth and giving diet advice

123). The tumour marker for ovarian cancer is: [Science]

A) CA-125 (Cancer antigen 125)

B) Calcitonin

C) AFP (Alpha- fetoprotein)

D) HER2

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Answer: CA-125 (Cancer antigen 125)

124). A patient presents with symptoms after being exposed to an infectious agent. Which stage of infection is characterized by the appearance of specific clinical signs and symptoms? [Nursing]

A) Prodromal stage

B) Incubation period

C) Acute stage

D) Convalescent stage

Answer: Acute stage

125). Which of the following nerves innervates the stylopharyngeus muscle? [Science]

A) Glossopharyngeal nerve

B) Facial nerve

C) Hypoglossal nerve

D) Vagus nerve

Answer: Glossopharyngeal nerve

126). Which compound is an important source of nitrogen for many applications in chemical and industrial processes? [Science]

A) Phenol

B) Chloroform

C) Ammonia

D) Acetone

Answer: Ammonia

127). What is the correct sequence of providing perineal care to a female patient to reduce the risk of infection? [Nursing]

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A) Wipe from side to side

B) Wipe from front to back

C) Wipe in a circular motion

D) Wipe from back to front

Answer: Wipe from front to back

128). When someone reframes their negative thoughts about a challenging situation to see it as an opportunity for growth, which coping mechanism are they using? [Nursing]

A) Seeking social support

B) Avoidance

C) Substance use

D) Cognitive restructuring

Answer: Cognitive restructuring

129). What is the primary purpose of the 'white translucent' puncture-proof container as specified in the Biomedical Waste Management Rules, 2016? [Nursing]

A) To hold contaminated recyclable items

B) To collect contaminated sharps, including metals

C) To dispose of human anatomical waste

D) To store expired or discarded medicines

Answer: To collect contaminated sharps, including metals

130). Research aimed at solving practical problems is called _____. [Nursing]

A) Theoretical research

B) Descriptive research

C) Basic research

D) Applied research

Answer: Applied research

131). Which of the following statements with respect to national multidimensional poverty index (MPI) is not correct? [India GK]

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A) India’s national MPI has three equally weighted dimensions – Health, Education, and Standard of living

B) The three dimensions in the index are represented by 12 indicators

C) The index is calculated mainly based on the data from the socio- economic caste census (SECC) 2011 in India

D) Kerala has the lowest multidimensional poverty among the states as per the recent National MPI of 2023

Answer: The index is calculated mainly based on the data from the socio- economic caste census (SECC) 2011 in India

132). What is the main benefit of early ambulation during the puerperium? [Nursing]

A) Reduction in lochia

B) Prevention of uterine prolapse

C) Prevention of thromboembolism

D) Increase in lactation

Answer: Prevention of thromboembolism

133). 'कहाँ राजा भोज कहाँ गंगू तेली'- लोकोक्ति का उचित अर्थ क्या है? [Hindi]

A) समीप रहकर न मिल पाना

B) ईमानदार व्यक्ति सबका प्रिय होता है

C) किसी महान से सामान्य व्यक्ति की तुलना

D) मेहनत का फल मिलना

Answer: किसी महान से सामान्य व्यक्ति की तुलना

134). What is the main function of water in the body? [Science]

A) Increase appetite

B) Aid digestion

C) Transport nutrients

D) Provide energy

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Answer: Transport nutrients

135). निम्नलिखित मुहावरे का सही अर्थ पहचानें। कटी पतंग होना [Hindi]

A) मर जाना

B) अस्वस्थ होना

C) निराश्रित होना

D) कोई बात न करे

Answer: निराश्रित होना

136). Which molecular feature is characteristic of diffuse midline glioma? [Science]

A) IDH1 mutation

B) ATRX mutation

C) 1p/19q codeletion

D) H3 K27M mutation

Answer: H3 K27M mutation

137). The organ of Corti is located in the _____. [Science]

A) tympanic membrane

B) semicircular canal

C) cochlea

D) middle ear

Answer: cochlea

138). 'अपनी गली में कुत्ता शेर' लोकोक्ति का सही अर्थ क्या होगा? [Hindi]

A) बेकार की बहस

B) जल में रहकर मगर से बैर

C) न पूरी होनेवाली शर्त

D) अपने घर में सबका ज़ोर होता है

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Answer: अपने घर में सबका ज़ोर होता है

139). Which epigenetic change is commonly seen in the early stages of tumorigenesis? [Science]

A) Promoter hypermethylation leading to gene silencing

B) RNA editing altering transcript sequence

C) Gene amplification increasing copy number

D) Histone acetylation increasing gene expression

Answer: Promoter hypermethylation leading to gene silencing

140). A 7-year-old is diagnosed with acute glomerulonephritis. Which clinical finding should the nurse expect? [Nursing]

A) Jaundice and petechiae

B) Periorbital edema and hematuria

C) Severe dehydration with bradycardia

D) Polyuria and weight loss

Answer: Periorbital edema and hematuria

141). In a newborn, increased gastric residuals, abdominal distention, bilious vomiting and apneic episodes give clue to suspect: [Nursing]

A) Metabolic disorders

B) Hypoxic encephalitis

C) Neonatal sepsis

D) Necrotizing enterocolitis

Answer: Necrotizing enterocolitis

142). BMI stands for _____. [Nursing]

A) Balanced Meal Indicator

B) Body Measure Indicator

C) Basic Meal Intake

D) Body Mass Index

Answer: Body Mass Index

143). Fill in the blank with the most appropriate option. She has been living in Delhi _____ 2018. [English]

A) at

B) for

C) in

D) since

Answer: since

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144). Which of the following best reflects an advanced fine motor developmental milestone typically expected in a 5-year-old child during a developmental assessment? [Nursing]

A) Scribbling randomly with crayons

B) Copying vertical and horizontal lines

C) Turning pages in a book one at a time

D) Drawing a triangle and cutting it out with scissors

Answer: Drawing a triangle and cutting it out with scissors

145). When the water intake exceeds the output it is known as: [Nursing]

A) Electrolyte balance

B) Fluid balance

C) Positive water balance

D) Negative water balance

Answer: Positive water balance

146). नम्निलखिति वाक्य को उचति 'क्रयिा' शबद से पूरण करें- रवींद्रनाथ टैगोर ने जन-गण-मन राष्ट्रगीत _____। [Hindi]

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A) सुना

B) पढ़ा

C) बोला

D) लखिा

Answer: लखिा

147). What is the main feature of a 360-degree feedback system in performance appraisal? [Nursing]

A) The feedback is given anonymously via an online survey via Google Forms.

B) The feedback is given by a single direct manager.

C) The feedback is based solely on quantitative performance metrics.

D) The feedback is provided by multiple sources, including peers and subordinates.

Answer: The feedback is provided by multiple sources, including peers and subordinates.

148). Which of the following is a vascular lung disorder? [Nursing]

A) Bronchitis

B) Pulmonary embolism

C) Asthma

D) Pneumonia

Answer: Pulmonary embolism

149). Which of the following best describes the function and composition of intercalated discs in cardiac muscle? [Science]

A) They are specialized connective tissues that connect skeletal muscles to bone or tendons consisting only of fibrous collagen.

B) They act as inhibitory junctions that prevent excessive contraction of the heart muscle and restrict stroke volume and cardiac output.

C) They are junctions between cardiac cells containing gap junctions for electrical coupling and desmosomes for mechanical anchoring.

D) They are gap junctions found in smooth muscle that allow for slow, wave-like contractions and peristaltic movements.

Answer: They are junctions between cardiac cells containing gap junctions for electrical coupling and desmosomes for mechanical anchoring.

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150). Kala-azar is transmitted by which arthropod? [Science]

A) Flea on rodents

B) Mosquito larvae

C) Mite on cattle

D) Sand fly female

Answer: Sand fly female

151). Which assessment finding indicates progression from the latent to the active phase of the first stage of labour? [Nursing]

A) Cervical dilation increases from 3 cm to 5 cm

B) Maternal urge to push intensifies

C) Regular contractions at 10-minute intervals

D) Presence of bloody show and backache

Answer: Cervical dilation increases from 3 cm to 5 cm

152). Which of the following is mainly responsible for breaking-down of complex organic substances into simple inorganic substances that bring about natural replenishment of the soil? [Science]

A) Environmental oxygen

B) Sunlight

C) Daily change in environmental temperature

D) Microorganisms

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Answer: Microorganisms

153). A public health nurse wants to identify families at risk for hereditary non-communicable diseases. Which condition should she prioritize when collecting family histories? [Nursing]

A) Scurvy

B) Pellagra

C) Achalasia cardia

D) Breast cancer

Answer: Breast cancer

154). Which of the following is true regarding saccular aneurysms? [Science]

A) They involve only a portion of the vessel wall circumference

B) They involve the entire circumference of the vessel

C) They arise only from congenital defects

D) They are always smaller than fusiform aneurysms

Answer: They involve only a portion of the vessel wall circumference

155). Refer to the following number and symbol series and answer the question. Counting to be done from left to right only. (Left) 2 & % 1 Ω 4 # * 7 8 ! 3 9 6 3 @ 5 8 $ ^ (Right) How many such symbols are there, each of which is immediately preceded by a number and also immediately followed by another number? [Reasoning]

A) 1

B) 2

C) 3

D) 0

Answer: 3

156). What are the phases of wound healing? [Nursing]

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A) Two phases only

B) One continuous phase

C) Hemostasis, inflammation, proliferation, remodeling

D) Random healing

Answer: Hemostasis, inflammation, proliferation, remodeling

157). Which of the following is the most effective way to ensure that a patient understands their discharge medications? [Nursing]

A) Ask the patient to repeat instructions and demonstrate medication use

B) Explain to the family member and have them supervise

C) Give written instructions and ask if they have questions

D) Provide a list of medications for the patient to keep

Answer: Ask the patient to repeat instructions and demonstrate medication use

158). During the collection of a urine specimen from a young child, which step is most important to prevent contamination and ensure accurate results? [Nursing]

A) Transporting the specimen in a warm environment

B) Collecting the specimen after the child has eaten a meal

C) Adding a preservative to the urine before closing the lid

D) Using a clean-catch technique and promptly sealing the container

Answer: Using a clean-catch technique and promptly sealing the container

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159). Minjar Mela is primarily celebrated in which valley of Himachal Pradesh? [HP GK]

A) Kangra Valley

B) Lahaul Valley

C) Kullu Valley

D) Chamba Valley

Answer: Chamba Valley

160). Which of the following best defines cognition? [Nursing]

A) Perception on surrounding

B) Controlling emotion

C) Perception regarding self

D) Applying knowledge and logical thinking

Answer: Applying knowledge and logical thinking

161). Pancreatic enzyme replacement therapy is indicated in which of the following conditions? [Nursing]

A) Ulcerative colitis

B) Appendicitis

C) Chronic pancreatitis and cystic fibrosis

D) Peptic ulcer disease

Answer: Chronic pancreatitis and cystic fibrosis

162). Which method is commonly used in epidemiology to compare disease occurrence between exposed and unexposed groups? [Nursing]

A) Qualitative study

B) Cohort study

C) Experimental study

D) Randomized control trials

Answer: Cohort study

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163). The FOUR (Full outline of Un-Responsiveness), a neurological assessment tool used to evaluate the level of consciousness in patients with severe brain injury, DOES NOT include: [Nursing]

A) respiratory patterns

B) motor reflexes

C) verbal responses

D) brain stem reflexes

Answer: verbal responses

164). What is the SI unit of momentum? [Science]

A) Newton

B) Kilogram meter per second

C) Watt

D) Joule

Answer: Kilogram meter per second

165). Which digestive enzyme is responsible for breaking down proteins in the stomach? [Science]

A) Pepsin

B) Amylase

C) Lactase

D) Lipase

Answer: Pepsin

166). IQ stands for which of the following terms? [Nursing]

A) Internal Quality

B) Intelligence Quotient

C) Instinct Quantity

D) Insightful Question

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Answer: Intelligence Quotient

167). Select the option that can be used as a one-word substitute for the given group of words/phrase. A person who dislikes, or is strongly prejudiced against women. [English]

A) Narcissist

B) Introvert

C) Sycophant

D) Misogynist

Answer: Misogynist

168). Which of the following is a congenital heart defect? [Nursing]

A) Stroke

B) Hypertension

C) Tetralogy of Fallot

D) Myocardial infarction

Answer: Tetralogy of Fallot

169). Select the correct option to complete the given sentence. The principal addressed ___ students who had gathered in the auditorium for the annual day celebration. [English]

A) a

B) the

C) no article

D) an

Answer: the

170). Which of the following is a common identifying feature of Klinefelter syndrome? [Science]

A) Female child with webbed neck

B) Male child with extra X chromosome

C) Female child with mental retardation

D) Male child with short stature

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Answer: Male child with extra X chromosome

171). When organizing a neonatal unit, which arrangement reduces the risk of nosocomial infections among high-risk newborns? [Nursing]

A) Assigning by birth weight

B) Random allocation of beds

C) Rotating beds daily

D) Cohorting infants by infection status

Answer: Cohorting infants by infection status

172). A nurse was giving health education to a group of patients regarding the importance of nail care. Which of the following statements correctly describes the importance of regular nail trimming for maintaining personal hygiene? [Nursing]

A) It changes the color of the nails naturally.

B) It makes nails grow faster and stronger.

C) It prevents the accumulation of dirt and germs under the nails.

D) It softens the skin around the nails permanently.

Answer: It prevents the accumulation of dirt and germs under the nails.

173). Which of the following is NOT among the best practices for management of clean linen? [Nursing]

A) Have designated rooms for sorting and storing clean linens.

B) Clean cart/containers with a neutral detergent and warm water once a month.

C) Prevent risk of contamination by dust, debris, soiled linens etc.

D) Transport on designated carts or within designated containers.

Answer: Clean cart/containers with a neutral detergent and warm water once a month.

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174). Choose the word that is opposite in meaning to the word given in capital letters. She ENSURED that all the students received their assignments on time. [English]

A) Secured

B) Completed

C) Confirmed

D) Overlooked

Answer: Overlooked

175). A nursing officer posted in a medical ward has administered an intramuscular antibiotic injection to a patient. The documentation of the drug administered includes all of the following EXCEPT: [Nursing]

A) Time and dose

B) Pharmacodynamics of the drug

C) Route and site

D) Client's response to medication

Answer: Pharmacodynamics of the drug

176). What does staff turnover mean in a hospital? [Nursing]

A) Increase in patient load

B) Shift from day to night

C) Rate of staff leaving

D) Change of patient beds

Answer: Rate of staff leaving

177). The Indian National Congress session of 1905 held under whose presidency is known for adopting the Swadeshi resolution? [India GK]

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A) Lal Mohan Ghosh

B) Madan Mohan Malaviya

C) Pherozeshah Mehta

D) Gopal Krishna Gokhale

Answer: Gopal Krishna Gokhale

178). What is the full form of OCD? [Nursing]

A) Obsessive Compulsive Disorder

B) Obsession & Primary Disorder

C) Occupational Primary Disorder

D) Obsessive Personality Disorder

Answer: Obsessive Compulsive Disorder

179). What is the name of India's first fully indigenous 32-bit microprocessor unveiled at Semicon India 2025? [Current Affairs]

A) Shakti

B) Indus

C) IRIS

D) Vikram

Answer: Vikram

180). A child diagnosed with congenital cataract is at greatest risk for which of the following complications if surgical intervention is delayed beyond the critical period? [Nursing]

A) Amblyopia

B) Strabismus

C) Glaucoma

D) Retinal detachment

Answer: Amblyopia

181). The Glasgow Coma Scale is used to assess_____. [Nursing]

A) Level of consciousness

B) Blood pressure

C) Blood glucose

D) Muscle tone

Answer: Level of consciousness

182). Which of the following is NOT classified as Group - 2 pulmonary hypertension as per WHO criteria? [Science]

A) Systolic dysfunction

B) Haematologic disorders

C) Valvular heart disease

D) Diastolic dysfunction

Answer: Haematologic disorders

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183). What is the most appropriate initial nursing intervention for a hypertensive patient with obesity who reports difficulty eating balanced meals due to work? [Nursing]

A) Recommend only taking medication and not altering diet.

B) Advise a high-fat, low-carb diet without professional guidance.

C) Collaborate with a dietitian to create a flexible meal plan.

D) Suggest skipping meals for faster results.

Answer: Collaborate with a dietitian to create a flexible meal plan.

184). Which sanctuary, located in the Indian state of Assam, is renowned for one-horned rhinoceros? [India GK]

A) Manas Sanctuary

B) Kaziranga Sanctuary

C) Jaladpara Sanctuary

D) Corbett National Park

Answer: Kaziranga Sanctuary

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185). A transplant recipient on immunosuppressive drugs develops a pulmonary infection with septate hyphae branching at acute angles. Which is the most likely pathogen? [Science]

A) Cryptococcus neoformans

B) Blastomyces dermatitidis

C) Coccidioides immitis

D) Aspergillus fumigatus

Answer: Aspergillus fumigatus

186). During the health teaching session, a pregnant woman asked the nurse the significance of proper nutrition during pregnancy. What is the best response by the nurse? [Nursing]

A) Proper nutrition guarantees high intelligence in the newborn

B) Proper nutrition eliminates the need for regular prenatal checkups

C) Proper nutrition prevents all forms of infection during pregnancy

D) Proper nutrition supports healthy fetal development and maternal health

Answer: Proper nutrition supports healthy fetal development and maternal health

187). In a certain code language, A + B means ‘A is the daughter of B’, A # B means ‘A is the brother of B’, A x B means ‘A is the wife of B’, A & B means ‘A is the father of B’. Based on the above, how is T related to M if 'T + R & Y # G x M’? [Reasoning]

A) Mother

B) Sister

C) Wife's mother

D) Wife's sister

Answer: Wife's sister

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188). Anaemia caused by deficiency of vitamin B12 or folic acid where the erythrocytes produced are abnormally large is called: [Science]

A) Aplastic Anaemia

B) Megaloblastic Anaemia

C) Polycythemia

D) Haemolytic Anaemia

Answer: Megaloblastic Anaemia

189). Which of the following Articles of the Constitution of India states that the term 'the State' in Part IV (Directive Principles of State Policy - DPSPs) shall have the same meaning as in Part III (Fundamental Rights)? [India GK]

A) Article 36

B) Article 37

C) Article 39

D) Article 38

Answer: Article 36

190). What is the name of the world's first AI-generated minister appointed by Albania in 2025 to fight corruption? [Current Affairs]

A) Inga

B) Diella

C) Gracy

D) Madolla

Answer: Diella

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191). Which of the following best explains cellular hyperplasia? [Science]

A) Cells decrease in number

B) Change in cell shape occurs

C) Cell contents are replaced

D) Cells increase in number

Answer: Cells increase in number

192). How do beta blockers decrease myocardial oxygen demand in patients with angina? [Science]

A) By enhancing cardiac automaticity

B) By reducing heart rate and contractility

C) By increasing preload and afterload

D) By causing coronary artery dilation

Answer: By reducing heart rate and contractility

193). This question is based on the following words: (LEFT) BET ODD BOX EGG (RIGHT). How many letters are there between second letter of second word from the right and third letter of second word from the left as per English alphabetical order? [Reasoning]

A) 13

B) 10

C) 11

D) 9

Answer: 9

194). Community based rehabilitation (CBR) of people with disabilities is based on all of the following principles EXCEPT: [Nursing]

A) Social exclusion

B) Planned and systematic actions

C) Equalization of opportunities

D) Combined efforts of people, families and communities

Answer: Social exclusion

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195). What is the medical term for bed-wetting in a 5-year-old child? [Nursing]

A) Nocturia behaviour

B) Nocturnal Enuresis

C) Paruresis issue

D) Retention reflex

Answer: Nocturnal Enuresis

196). Which cluster specializes in cotton knitwear exports? [India GK]

A) Ludhiana, Punjab

B) Tiruppur, Tamil Nadu

C) Surat, Gujarat

D) Bhiwandi, Maharashtra

Answer: Tiruppur, Tamil Nadu

197). Chipmunk facies is a characteristic facial feature seen in which of the following disorders? [Science]

A) Aplastic anaemia

B) Thalassaemia major

C) Fanconi anaemia

D) Sickle cell anaemia

Answer: Thalassaemia major

198). As per the Himachal Pradesh Economic Survey 2024–25, what was the approximate contribution of the secondary sector at Current Prices to the Gross State Value Added (GSVA) of Himachal Pradesh in 2024-25 (AE)? [HP GK]

A) 0.4565

B) 0.6915

C) 0.145

D) 0.395

Answer: 0.4565

199). Which layer of the skin contains blood vessels? [Science]

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A) Dermis

B) Epidermis

C) Keratin layer

D) Stratum corneum

Answer: Dermis

200). What is the primary objective of the Himachal Pradesh Slum Dwellers Act, 2022? [HP GK]

A) Evict slum dwellers from government land and undocumented areas

B) Provide proprietary rights to eligible slum residents

C) Transfer slum land to private developers for luxury housing

D) Impose property tax on slums located in undocumented lands

Answer: Provide proprietary rights to eligible slum residents

201). Based on the English alphabetical order, three of the following four letter-cluster pairs are alike in a certain way and thus form a group. Which letter-cluster pair DOES NOT belong to that group? (Note: The odd one out is not based on the number of consonants/vowels or their position in the letter-cluster.) [Reasoning]

A) KI-PM

B) IG-NK

C) MK-RO

D) OM-TR

Answer: OM-TR

202). Select the most appropriate proverb to replace the highlighted words in the sentence below. In all situations, Ravi proved that he could remain calm and thoughtful, showing wisdom and control over his life. [English]

A) a still tongue makes a wise head

B) a calm mind is its own reward

C) a wise man rules his own spirit

D) speech is silver, but silence is golden

Answer: a wise man rules his own spirit

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203). Why is light palpation done before deep palpation? [Nursing]

A) To avoid pain

B) To assess bones

C) To increase blood

D) To detect sounds

Answer: To avoid pain

204). What complication may occur in a newborn from a Rh-negative mother? [Nursing]

A) Oral thrush

B) Neural tube defect

C) Jaundice at birth

D) Bone undergrowth

Answer: Jaundice at birth

205). What is the main goal of professional ethics in nursing? [Nursing]

A) To guide moral behaviour

B) To improve medical records

C) To increase hospital profit

D) To support personal beliefs

Answer: To guide moral behaviour

206). A PHN observes that the cases of worm infestation among children have increased in a specific community. She plans a group health education activity in that community. The health education program should focus on all of the following preventive aspects EXCEPT: [Nursing]

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A) Sanitation

B) Safe water supply

C) Vector control measures

D) Food hygiene

Answer: Vector control measures

207). How many subjects are listed in the Eleventh Schedule for Panchayati Raj Institutions? [India GK]

A) 35

B) 24

C) 29

D) 15

Answer: 29

208). What is the most characteristic feature of ventricular fibrillation on an ECG? [Nursing]

A) Chaotic irregular waveforms with no discernible QRS complexes

B) Regular P waves and normal QRS complexes and T waves

C) Tall T waves with narrow QRS complexes and consistent, regular P- waves

D) Wide QRS complexes with a fixed rate and constant, regular T-waves

Answer: Chaotic irregular waveforms with no discernible QRS complexes

209). At the 2025 Asian Youth Games held in Manama, Bahrain, India achieved its best-ever medal tally, winning a total of how many medals? [Current Affairs]

A) 36 medals

B) 51 medals

C) 42 medals

D) 48 medals

Answer: 48 medals

210). Which layer of the skin contains blood vessels and nerve endings? [Science]

A) Hypodermis lower layer

B) Epidermis outer layer

C) Stratum corneum part

D) Dermis middle layer

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Answer: Dermis middle layer

211). Which milestone is expected during infancy? [Nursing]

A) Using scissors

B) Reading stories

C) Telling jokes

D) Smiling responsively

Answer: Smiling responsively

212). A nurse is caring for a patient with an altered level of sensorium who is at risk for aspiration. Which nursing intervention is most appropriate to minimize this risk during feeding? [Nursing]

A) Encourage the patient to eat quickly

B) Offer large quantities of fluids during meals

C) Position the patient in a high Fowler's position during meals

D) Provide food while the patient is lying flat

Answer: Position the patient in a high Fowler's position during meals

213). Which of the following is not a feature of experimental design? [Nursing]

A) Randomization

B) Control

C) Manipulation

D) Survey

Answer: Survey

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214). A sampling technique in which every kth case from some list or group is enrolled by selecting a random starting point and selecting sample subject after a fixed sampling interval is called: [Nursing]

A) stratified random sampling

B) cluster sampling

C) simple random sampling

D) systematic sampling

Answer: systematic sampling

215). What is the main goal of barrier nursing? [Nursing]

A) To prevent cross-infection

B) To train new nurses quickly

C) To promote deep sleep rest

D) To provide food quickly

Answer: To prevent cross-infection

216). मैं सुई .....कपड़ा सलि रही हूँ। उपरोक्त वाक्य में रक्ति स्थान की पूर्त के लिए उचति कारक शब्द का चयन करें – [Hindi]

A) पर

B) ने

C) का

D) से

Answer: से

217). Which of the following is a quantitative research design? [Nursing]

A) Impact analysis

B) Case studies

C) Phenomenology

D) Historical studies

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Answer: Impact analysis

218). O, P, Q, R, S, T and U are sitting around a circular table facing the centre. T sits third to the right of Q. S sits second to the right of P. R is the immediate neighbour of O and S. What is the position of R with respect to Q? [Reasoning]

A) Third to the left

B) Immediate right

C) Second to the left

D) Second to the right

Answer: Second to the right

219). Which railway line in Himachal Pradesh is recognised as a UNESCO World Heritage Site under the 'Mountain Railways of India' as of December 2025? [HP GK]

A) Kalka–Shimla Railway

B) Kangra Valley Railway

C) Shimla–Solan Hill Railway

D) Una–Nangal Railway

Answer: Kalka–Shimla Railway

220). Which principle helps in effective patient teaching? [Nursing]

A) Using complex medical jargon

B) Active involvement

C) Fear-based method

D) Teaching by force

Answer: Active involvement

221). Which of the following conditions is associated with poor oral hygiene? [Nursing]

A) Arthritis

B) Peptic ulcer

C) Gastritis

D) Bronchitis

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Answer: Bronchitis

222). Which is a key strategy in managing conflict in healthcare teams? [Nursing]

A) Effective communication and negotiation

B) Ignore team meetings

C) Avoid all discussions

D) Report to police

Answer: Effective communication and negotiation

223). In which mountain range is Kugti Pass located? [HP GK]

A) Aravalli Range

B) Dhauladhar Range

C) Pir Panjal Range

D) Zanskar Range

Answer: Pir Panjal Range

224). Who is associated with classical conditioning? [Nursing]

A) Ivan Pavlov

B) Abraham Maslow

C) BF Skinner

D) Sigmund Freud

Answer: Ivan Pavlov

225). To ensure the validity of bacteriological water sampling in a residential community, which factor must be carefully controlled during sample collection? [Nursing]

A) Using sterilized containers to prevent external contamination

B) Allowing samples to sit at room temperature before testing

C) Selecting random sampling times without a standard protocol

D) Mixing samples from different locations before analysis

Answer: Using sterilized containers to prevent external contamination

226). A nurse manager wants to ensure equitable service delivery using existing health resources. Which strategy is best? [Nursing]

A) Allocating staff based on population health needs

B) Focusing resources on one patient group

C) Scheduling services only during daytime hours

D) Assigning staff based on personal preference

Answer: Allocating staff based on population health needs

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227). India's Joint Military Exercise NOMADIC ELEPHANT concluded its 17th edition in which country? [Current Affairs]

A) Mongolia

B) Myanmar

C) Japan

D) Bangladesh

Answer: Mongolia

228). Which model focuses on finding and correcting errors after they happen? [Nursing]

A) Continuous Review Plan

B) Retrospective Audit

C) Total Quality Model

D) Quality Circle Model

Answer: Retrospective Audit

229). Which of the following is an example of fine motor skill development? [Nursing]

A) Rolling over

B) Crawling

C) Walking

D) Holding a spoon

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Answer: Holding a spoon

230). Inflammation of middle ear is termed as: [Science]

A) Labyrinthitis

B) Otitis media

C) Otitis externa

D) Polyp

Answer: Otitis media

231). A patient with pericardial effusion complains of increasing shortness of breath. Which assessment finding suggests progression to cardiac tamponade? [Nursing]

A) Clear lung sounds with stable oxygen saturation

B) Regular heart rhythm with bradycardia

C) Bounding peripheral pulses and hypertension

D) Paradoxical pulse with declining systolic pressure

Answer: Paradoxical pulse with declining systolic pressure

232). Which of the following was a major negative consequence of colonialism for colonised societies? [India GK]

A) Loss of independence and exploitation of resources

B) Voluntary cultural exchange

C) Increased access to education for all

D) Rapid economic and technological growth for all

Answer: Loss of independence and exploitation of resources

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233). Which of the following national nutrition programs focuses on providing supplementary nutrition, health checkups, and preschool education? [Nursing]

A) ICDS Scheme

B) Anemia Mukt Bharat

C) Mid-Day Meal Programme

D) National Health Mission

Answer: ICDS Scheme

234). Which of the following is an example of an endocrine metabolic disorder in children? [Science]

A) Pneumonia

B) Congenital hypothyroidism

C) Cystic fibrosis

D) Anemia

Answer: Congenital hypothyroidism

235). Why do banks in India keep only a small proportion of their deposits as cash? [India GK]

A) To provide for withdrawals by depositors

B) For emergencies only

C) To earn profit from cash holding

D) To pay government taxes

Answer: To provide for withdrawals by depositors

236). Which is an example of a non-communicable disease? [Science]

A) Hypertension

B) Tuberculosis

C) Malaria

D) Cholera

Answer: Hypertension

237). Which intervention should a nurse prioritize when managing thermoregulation for a high-risk newborn in the NICU? [Nursing]

A) Feeding the newborn immediately after admission

B) Placing the newborn in a radiant warmer to maintain body temperature

C) Initiating kangaroo care without monitoring temperature

D) Administering antibiotics before temperature assessment

Answer: Placing the newborn in a radiant warmer to maintain body temperature

238). During nasogastric tube feeding in a pediatric patient, which practice best ensures safety and effectiveness? [Nursing]

A) Verify tube placement before initiating feeding

B) Flush the tube only after the feeding is complete

C) Start feeding while the child is in a supine position

D) Administer feeding immediately after tube insertion

Answer: Verify tube placement before initiating feeding

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239). Which tool is the most widely used for assessing development in Indian children? [Nursing]

A) Griffiths Developmental Tool

B) Mullen Scales of Early Learning (MSEL)

C) Gesell's Developmental Tool

D) Trivandrum Developmental Tool

Answer: Trivandrum Developmental Tool

240). An adolescent girl is brought to the OPD with complaints of binge eating (compulsion to consume large quantities of food in a short period of time) followed by various methods of weight control, such as self-induced vomiting, excessive exercise and fasting. What is the likely diagnosis? [Nursing]

A) Compulsive overeating and obesity

B) Bulimia Nervosa

C) Anorexia Nervosa

D) Depression

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Answer: Bulimia Nervosa

241). Which intervention is most appropriate when caring for a preterm newborn at risk for hypoglycemia due to poor metabolic adaptation? [Nursing]

A) Provide only glucose water for hydration

B) Delay feeding until after 24 hours of life

C) Administer intravenous antibiotics routinely

D) Initiate early enteral feeding with breast milk

Answer: Initiate early enteral feeding with breast milk

242). What propulsion system did ISRO developed for the LVM3 rocket in 2025? [Nursing]

A) Semicryogenic engine

B) Electric thrust engine

C) Cryogenic hybrid engine

D) Liquid-fuel propulsion

Answer: Semicryogenic engine

243). Intelligence primarily refers to as _____ [Nursing]

A) ability to solve problems and adapt

B) reaction time

C) memory storage

D) emotional control

Answer: ability to solve problems and adapt

244). The Samudra Pradakshina expedition launched in 2025 charted a sailing route through which of the following places? [Current Affairs]

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A) Mauritius

B) Maldives

C) Seychelles

D) Sri Lanka

Answer: Seychelles

245). Which of the following is a primary lymphoid organ? [Nursing]

A) Peyer’s patches

B) Spleen

C) Lymph nodes

D) Thymus

Answer: Thymus

246). Rohtang Pass connects the Lahaul and Spiti valleys with which valley of Himachal Pradesh? [HP GK]

A) Pangi Valley

B) Kullu Valley

C) Chamba Valley

D) Kangra Valley

Answer: Kullu Valley

247). The qualitative research approach focuses on _____. [Nursing]

A) Numerical data

B) Ordinal data

C) Human experiences

D) Learning materials

Answer: Human experiences

248). Which of the following is a common complication associated with immobility? [Nursing]

A) Improved circulation

B) Better appetite

C) Muscle atrophy

D) Lung expansion

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Answer: Muscle atrophy

249). Which method is a type of probability sampling? [Nursing]

A) Judgment method

B) Snowball method

C) Simple random type

D) Quota group plan

Answer: Simple random type

250). A hospital implements ABC analysis for its medical supplies. Which of these describes category A items? [Nursing]

A) Bulk items with rapid turnover

B) Short-expiry items with high wastage

C) Low-value rarely used items

D) High-value items with tight control

Answer: High-value items with tight control

251). In response to chronic hypertension, the left ventricle of the heart undergoes thickening. This is an example of: [Nursing]

A) Hypertrophy

B) Atrophy

C) Hyperplasia

D) Dysplasia

Answer: Hypertrophy

252). A nursing student is caring for a client who repeatedly counts objects to relieve anxiety. This pattern reflects which clinical feature of OCD? [Nursing]

A) A compulsion involving ritualistic counting

B) An obsession with symmetry and order

C) Cognitive dissonance due to anxiety

D) Emotional lability in response to stress

Answer: A compulsion involving ritualistic counting

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253). A person has a nosebleed. What is the correct first aid technique to manage this situation? [Nursing]

A) Apply ice directly inside the nostril

B) Have the person lie flat on their back

C) Have the person lean forward and pinch the nose

D) Have the person tilt their head back

Answer: Have the person lean forward and pinch the nose

254). A patient recovering from a stroke shows motor deficits in the right upper limb. Which rehabilitation strategy MOST directly targets neuroplasticity to improve function? [Nursing]

A) Passive range-of-motion exercises only

B) Task-specific repetitive training and functional exercises

C) Prolonged bed rest to prevent fatigue

D) Solely verbal encouragement without physical practice

Answer: Task-specific repetitive training and functional exercises

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255). A nurse is caring for a patient who appears withdrawn and reluctant to speak. Which therapeutic communication technique should the nurse apply to encourage the patient to express feelings? [Nursing]

A) Offering reassuring clichés to reduce anxiety

B) Using silence to provide an opportunity for the patient to speak

C) Giving personal advice to make the patient comfortable

D) Changing the subject to avoid discomfort

Answer: Using silence to provide an opportunity for the patient to speak

256). What can result from incomplete reporting in the referral system? [Nursing]

A) Reduction in workload

B) Early discharge of patients

C) Increase in number of referrals

D) Delay in appropriate treatment

Answer: Delay in appropriate treatment

257). Which action should be avoided when giving first aid for a nosebleed? [Nursing]

A) Sit the person upright

B) Pinch the nose just below the bridge

C) Tilt the person's head backward

D) Lean the person slightly forward

Answer: Tilt the person's head backward

258). A psychological test that measures a person's potential ability for a given activity is called: [Nursing]

A) Intelligence test

B) Neuropsychological test

C) Personality test

D) Aptitude test

Answer: Aptitude test

259). Which among the following best describes the Kuhls in Himachal Pradesh? [HP GK]

A) Underground channels constructed to store groundwater for agriculture

B) Traditional surface channels diverting water from natural flowing streams

C) Small reservoirs built to collect and store seasonal rainwater for agriculture

D) Modern irrigation systems using mechanical pumping techniques methods

Answer: Traditional surface channels diverting water from natural flowing streams

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260). Which of the following birth injuries is characterized by the absence of Moro reflex on one side and flaccid upper limb posture? [Nursing]

A) Brachial artery rupture

B) Caput succedaneum

C) Erb’s palsy

D) Cephalohematoma

Answer: Erb’s palsy

261). G, H, I, J, K, L and M live on seven different floors of the same building. The lowermost floor in the building is numbered 1, the floor above it, number 2 and so on till the topmost floor is numbered 7. L lives on third floor. Only three persons live between G and L. Only I lives between H and M. Only two persons live between M and J. On which floor number does H live? [Reasoning]

A) Floor number 4

B) Floor number 5

C) Floor number 6

D) Floor number 2

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Answer: Floor number 6

262). F is brother of G. G is the son of H. H is married to I. J is the daughter of I. J is married to K. How is F related to K? [Reasoning]

A) Wife's father

B) Brother

C) Father

D) Wife's brother

Answer: Wife's brother

263). Before administering furosemide, the nurse checks _____. [Nursing]

A) sodium and potassium

B) skin rash level

C) body temperature

D) pupillary reaction

Answer: sodium and potassium

264). Which of the following is a national nursing association in India? [Nursing]

A) NNMC

B) The Trained Nurses Association of India

C) Indian Nursing Council

D) Delhi Nursing Council

Answer: The Trained Nurses Association of India

265). What is the state animal of Himachal Pradesh? [HP GK]

A) Musk Deer

B) Indian Elephant

C) Snow Leopard

D) Royal Bengal Tiger

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Answer: Snow Leopard

266). What type of conflict occurs between nurse and patient? [Nursing]

A) Group-based issue

B) Internal conflict

C) Equipment misuse

D) Interpersonal conflict

Answer: Interpersonal conflict

267). A pediatric nurse is assigned to assist with a diagnostic imaging procedure. Which responsibility ensures the child's safety during the process? [Nursing]

A) Start the procedure before confirming patient details

B) Skip the explanation to save time and reduce stress

C) Allow siblings to stay in the imaging room for comfort

D) Verify the child's identity and explain the procedure to the family

Answer: Verify the child's identity and explain the procedure to the family

268). How does the arrangement of flagella affect bacterial motility? [Nursing]

A) It affects the ability to reproduce.

B) It determines the direction and efficiency of bacterial movement.

C) It controls the structure of the cell wall.

D) It changes the shape of the bacterial cell.

Answer: It determines the direction and efficiency of bacterial movement.

269). A nurse documents an error in a report by drawing a single line through the error, writing 'error,' and initialing it. What documentation principle is being followed? [Nursing]

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A) Correcting errors transparently

B) Hiding the error from the report

C) Erasing the error completely

D) Rewriting the entire report

Answer: Correcting errors transparently

270). Choose the word or phrase that is closest in meaning to the capitalised word. The dictator’s BRUTAL policies caused widespread fear among the citizens. [English]

A) Gentle

B) Kind

C) Weak

D) Cruel

Answer: Cruel

271). Which method is most suitable for the disposal of hazardous hospital waste to ensure environmental safety? [Nursing]

A) Deep burial in open fields

B) Composting with organic matter

C) Dumping in municipal landfills

D) Incineration at high temperatures

Answer: Incineration at high temperatures

272). 'इधर कुआँ उधर खाई' - लोकोक्ति का उचित अर्थ क्या है? [Hindi]

A) हर हालत में मुसीबत

B) किसी को परेशानी में डालना

C) सदैव खुश रहना

D) उम्मीद से ज्यादा पा जाना

Answer: हर हालत में मुसीबत

273). Who is the local deity famously worshipped during the Kullu Dussehra festival? [HP GK]

A) Raghunath Ji

B) Chintpurni Devi

C) Bhimakali

D) Hidimba Devi

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Answer: Raghunath Ji

274). A child receiving packed red blood cells suddenly becomes restless and hypotensive, with back pain and hemoglobinuria noted in the urinary catheter. The transfusion was started 5 minutes ago. What is the first nursing action? [Nursing]

A) Document the reaction before acting

B) Administer antipyretics immediately

C) Slow the transfusion rate

D) Stop the transfusion and notify the physician

Answer: Stop the transfusion and notify the physician

275). Which pulse site is used in emergency situations? [Nursing]

A) Carotid pulse

B) Femoral pulse

C) Radial pulse

D) Temporal pulse

Answer: Carotid pulse

276). Which superficial mycosis primarily presents as hypopigmented or hyperpigmented patches on the trunk? [Nursing]

A) Tinea capitis

B) Tinea versicolor

C) Tinea pedis

D) Tinea corporis

Answer: Tinea versicolor

277). In 2025, Prime Minister Narendra Modi paid tribute to Tiruppur Kumaran on his birth anniversary. He is best associated with which field of India's national movement? [Current Affairs]

A) Judicial activism and formation of people's courts in colonial Madras Presidency

B) Freedom struggle in Tamil Nadu and the Swadeshi movement against British rule

C) Educational reforms and social awakening among depressed classes in South India

D) Industrial development and cooperative movement in the Madurai region

Answer: Freedom struggle in Tamil Nadu and the Swadeshi movement against British rule

278). In a choking infant, the nurse should first _____. [Nursing]

A) hold the feet

B) pat the back

C) rub the chest

D) give cold milk

Answer: pat the back

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279). The metabolism of carbohydrate depends on the amount of: [Nursing]

A) Enzymes secreted by the pancreas

B) Insulin secreted by the pancreas

C) Mucus secreted by the duodenum

D) Bile secreted by the liver

Answer: Insulin secreted by the pancreas

280). What is an immediate nursing action if a paralyzed patient shows signs of respiratory distress? [Nursing]

A) Record vital signs and observe

B) Assess airway patency and call for assistance

C) Reassure the patient

D) Elevate the patient's legs

Answer: Assess airway patency and call for assistance

281). Which of the following is a unique characteristic of viruses compared to bacteria? [Nursing]

A) Can reproduce independently

B) Possess both DNA and RNA

C) Lack of cellular structure and reproduce only inside host cells

D) Contain ribosomes for protein synthesis

Answer: Lack of cellular structure and reproduce only inside host cells

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282). As highlighted in the Economic Survey 2024-25 of Himachal Pradesh, about what percentage of usually working persons in Himachal Pradesh are employed in the Tertiary sector out of the total workforce, based on the Periodic Labour Force Survey (PLFS) 2023–24? [HP GK]

A) 30.00 per cent

B) 24.01 per cent

C) 53.98 per cent

D) 22.01 per cent

Answer: 24.01 per cent

283). The most common type of cancer of cervix is _____. [Nursing]

A) Adenocarcinoma

B) Squamous cell carcinoma

C) Adeno-squamous carcinoma

D) Neuro-endocrine tumors

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Answer: Squamous cell carcinoma

284). Refer to the following number series and answer the question that follows. (All numbers are single-digit numbers only.) Counting to be done from left to right only. (Left) 3 6 9 7 4 5 2 4 1 7 4 2 1 5 7 9 8 3 7 8 5 3 6 2 1 5 4 (Right) How many such odd digits are there, each of which is immediately preceded by an odd digit and also immediately followed by an even digit? [Reasoning]

A) 6

B) 5

C) 4

D) 7

Answer: 5

285). What is the main principle of Total Quality Management? [Nursing]

A) Outsourcing all quality control to a third party.

B) Solely relying on top management to make all quality decisions.

C) Focusing only on the final product, not the process.

D) Achieving customer satisfaction through a company-wide effort.

Answer: Achieving customer satisfaction through a company-wide effort.

286). A community health center plans to increase staff efficiency by clarifying each member's role and responsibilities. Which organizational principle is being applied? [Nursing]

A) Unity of command

B) Division of labor

C) Span of control

D) Centralization

Answer: Division of labor

287). The correct technique of cleaning an open wound such as a bed sore is: [Nursing]

A) Using alcohol swab to clean the wound

B) Using wipe from top to bottom in one motion

C) Using warm water to clean the wound

D) Using wipe from the least contaminated area to the most contaminated area

Answer: Using wipe from the least contaminated area to the most contaminated area

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288). At which of the following sessions, Indian National Congress split into two groups? [India GK]

A) Calcutta

B) Bombay

C) Surat

D) Lucknow

Answer: Surat

289). PEM stands for: [Nursing]

A) Protein Energy Malnutrition

B) Protein Eggs Malfunction

C) Protein Energy Multidiffusion

D) Protein Energy Malfunction

Answer: Protein Energy Malnutrition

290). Which electrolyte imbalance is common in alcohol dependence? [Nursing]

A) High copper content

B) Low iron count

C) High blood calcium

D) Low magnesium level

Answer: Low magnesium level

291). A country has a central government, state governments, and local governments, each with clearly defined powers. Which form of power sharing is this an example of? [India GK]

A) Horizontal division of power

B) Vertical division of power

C) Power sharing among political parties

D) Community-based power sharing

Answer: Vertical division of power

292). What is the first aid management for fever in children? [Nursing]

A) Administering antipyretic

B) Transporting to a hospital

C) Waiting for the fever to subside

D) Encouraging rest and administering fluids

Answer: Encouraging rest and administering fluids

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293). Select the pair which follows the same pattern as that followed by the two set of pairs given below. Both pairs follow the same pattern. QMK : SOH ; JIM : LKJ [Reasoning]

A) POG : RQC

B) UMI : WNF

C) QHT : SJQ

D) PRO : RTK

Answer: PRO : RTK

294). Which of the following service ensures care at the doorsteps in rural areas? [Nursing]

A) Private hospital

B) Specialist clinics

C) Medical colleges

D) Primary health care

Answer: Primary health care

295). Select the option that can be used as a one-word substitute for the given group of words. Fear of heights [English]

A) Acrophobia

B) Zoophobia

C) Hydrophobia

D) Bibliophobia

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Answer: Acrophobia

296). Which country is the second largest producer of sugar in the world? [India GK]

A) China

B) Brazil

C) India

D) United States

Answer: India

297). Which of the following animals is typically found in India’s mangrove tidal forests? [India GK]

A) Yak

B) Royal Bengal Tiger

C) Blue Sheep

D) Asiatic Lion

Answer: Royal Bengal Tiger

298). A 65-year-old diabetic patient develops nephrotic syndrome and progressive renal failure. Which finding is expected in this scenario? [Nursing]

A) Hematuria and red cell casts

B) Renal colic and flank pain

C) Polyuria with low proteinuria

D) Generalized edema and heavy proteinuria

Answer: Generalized edema and heavy proteinuria

299). Which blood vessel supplies oxygenated blood to the liver? [Nursing]

A) Superior vena cava

B) Hepatic artery branch

C) Hepatic duct vein

D) Portal vein flow

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Answer: Hepatic artery branch

300). Choose the correct option to replace the underlined words in the given sentence. I always complained about him messing up things in the room, but now that he's gone far away, I've realized that distance has only increased my affection for him. [English]

A) actions speak louder than words

B) absence makes the heart grow fonder

C) every cloud has a silver lining

D) a friend in need is a friend indeed

Answer: absence makes the heart grow fonder

301). A pregnant woman complains of frequent heartburn during her second trimester. Which of the following is the most appropriate non-pharmacological advice to help alleviate this discomfort? [Nursing]

A) Recommending small, frequent meals throughout the day

B) Suggesting she lie down immediately after eating

C) Advising her to increase spicy food intake

D) Encouraging her to skip meals to reduce symptoms

Answer: Recommending small, frequent meals throughout the day

302). In a patient presenting with upper abdominal pain, nausea, and vomiting, which symptom would help differentiate gastric ulcer from duodenal ulcer? [Nursing]

A) Pain worsening immediately after eating

B) Pain associated with constipation

C) Pain radiating to the right shoulder

D) Pain relieved by eating

Answer: Pain worsening immediately after eating

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303). Which finding should the nurse expect during assessment of a client with Ménière's disease experiencing an acute episode? [Nursing]

A) Gradual vision changes and ear fullness

B) Sudden onset of ear drainage

C) Vertigo with tinnitus and hearing loss

D) Mild pain without dizziness

Answer: Vertigo with tinnitus and hearing loss

304). क्रिया पद की सहायता से वाक्य पूर्ण करें और उत्तर के रूप में सही विकल्प चुनें। वह यहाँ प्रायः आया _____ करता है। [Hindi]

A) जाता

B) जाना

C) खाया

D) जाया

Answer: जाया

305). Which of the following blood cells help in fighting an infection? [Nursing]

A) Red blood cells

B) Plasma proteins

C) White blood cells

D) Blood platelets

Answer: White blood cells

306). A nurse palpates cool extremities during a peripheral vascular assessment. Which follow-up assessment would most help analyze the underlying cause? [Nursing]

A) Assess capillary refill time and peripheral pulses

B) Take a detailed dietary history

C) Observe for signs of dehydration

D) Measure the patient's blood glucose level

Answer: Assess capillary refill time and peripheral pulses

307). The underlined word in the given sentence is incorrect. Select the option that rectifies the underlined word. She quick agreed to help us with the project. [English]

A) more slow

B) quicker

C) quickest

D) quickly

Answer: quickly

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308). The process of platelet adhesion is dependent upon which of the following factors?

[Nursing]

A) Von Willebrand factor

B) Antihemophilic factor

C) Christmas factor

D) Stuart-Prower factor

Answer: Von Willebrand factor

309). All of the following are qualitative research studies, EXCEPT:

[Nursing]

A) Grounded Theory

B) Ethnography

C) Phenomenology

D) Evaluation Study

Answer: Evaluation Study

310). How is the total resistance calculated when resistors are connected in series?

[Nursing]

A) R = R1 + R2 + R3

B) R = R1 - R2 - R3

C) 1 / R = 1 / R1 + 1 / R2 + 1 / R3

D) R = R1 × R2 × R3

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Answer: R = R1 + R2 + R3

311). Which situation requires the use of surgical asepsis rather than medical asepsis?

[Nursing]

A) Inserting a central venous catheter to a patient

B) Administering oral medications to a patient

C) Measuring blood pressure in an outpatient clinic

D) Changing non-sterile wound dressings

Answer: Inserting a central venous catheter to a patient

312). Which of the following is a part of essential newborn care? [Nursing]

A) Early initiation of breastfeeding

B) Routine antibiotic use

C) Immediate separation from mother

D) Feeding glucose water

Answer: Early initiation of breastfeeding

313). Which dimension of health focuses on an individual's ability to interact with others and maintain relationships? [Nursing]

A) Emotional dimension

B) Spiritual dimension

C) Physical dimension

D) Social dimension

Answer: Social dimension

314). Which level of care focuses on early detection & prevention of diseases? [Nursing]

A) Primary level of care

B) Secondary level of care

C) Emergency care

D) Tertiary level of care

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Answer: Secondary level of care

315). The pH of stomach is acidic largely due to the presence of _____. [Nursing]

A) acetic acid

B) hydrochloric acid

C) lactic acid

D) amino acids

Answer: hydrochloric acid

316). What is the normal range of blood pressure in adults? [Nursing]

A) 120/80 mmHg

B) 100/70 mmHg

C) 150/90 mmHg

D) 160/100 mmHg

Answer: 120/80 mmHg

317). A patient with a genetic deficiency of the enzyme glucuronyl transferase would most likely exhibit which clinical consequence related to haemoglobin catabolism? [Nursing]

A) Sickle cell crisis

B) Increased risk of kernicterus

C) Increased haem synthesis

D) Iron-deficiency anaemia

Answer: Increased risk of kernicterus

318). Which antipyretic drug is commonly used in children? [Nursing]

A) Aspirin in dose

B) Paracetamol syrup

C) Diazepam capsule

D) Morphine tablet

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Answer: Paracetamol syrup

319). The most important skill needed to obtain accurate information and educate patients is: [Nursing]

A) Communication skills

B) Cognitive skills

C) Psychomotor skills

D) Assessment skills

Answer: Communication skills

320). FIFO, in supply management, means _____. [Nursing]

A) First In First Out

B) First Inside First Open

C) Final Input From Order

D) First Idea For Output

Answer: First In First Out

321). A teenager expresses his concern to a school Nurse about rapid physical changes. Which of the following nursing interventions would be most appropriate to promote the emotional wellbeing of the teenager? [Nursing]

A) Advice the teenager to focus on sports activities

B) Provide information about pubertal changes

C) Advice the teenager to express concerns to the parents

D) Discourage the talk as it is not age appropriate

Answer: Provide information about pubertal changes

322). नम्नि लोकोक्त का सही अर्थ चुनिए। अपना रख, पराया चख [Hindi]

A) अपना बचाकर दूसरे का माल हड़पना

B) कुएं में गरि जाना

C) खाई में गरि जाना

D) स्वयं को सबसे ऊपर रखना

Answer: अपना बचाकर दूसरे का माल हड़पना

323). What is an essential principle of nursing management? [Nursing]

A) Proper resource use

B) Long meal duration

C) Uniform colour coding

D) Random staff hiring

Answer: Proper resource use

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324). On what date is the International Day of United Nations Peacekeepers marked?

[India GK]

A) 01-May-2029

B) 01-Mar-2021

C) 01-Dec-2001

D) 01-Sep-2018

Answer: 01-May-2029

325). Which gram-negative bacillus is notable for its production of a green pigment and fruity odor in infected wounds?

[Nursing]

A) Pseudomonas aeruginosa

B) Escherichia coli

C) Klebsiella pneumoniae

D) Salmonella typhi

Answer: Pseudomonas aeruginosa

326). _____ is a hypothesis which states that there is no relationship between independent and dependent variable

[Nursing]

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A) Nondirectional hypothesis

B) Research hypothesis

C) Statistical hypothesis

D) Directional hypothesis

Answer: Statistical hypothesis

327). Patient teaching is most effective when _____

[Nursing]

A) Based on general facts

B) Limited to written material

C) Tailored to individual needs

D) Done in a group

Answer: Tailored to individual needs

328). The control of the Aedes aegypti mosquito can prevent all of the following diseases, EXCEPT: [Nursing]

A) Zika fever

B) Malaria

C) Dengue fever

D) Chikungunya

Answer: Malaria

329). Assessment of which of the following is an index of cumulative effect of undernutrition during the life of the child? [Nursing]

A) Weight for height

B) Height for age

C) Skin fold thickness

D) Mid arm circumference

Answer: Height for age

330). A patient has to receive cephalexin 500 mg PO. The medicine is available in 250 mg strength. The nurse should give: [Nursing]

A) 1⁄2 tablet

B) 1 tablet

C) 2 tablets

D) 1 1⁄2 tablets

Answer: 2 tablets

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331). What is the recommended action for a neonate presenting with signs of sepsis in the community setting? [Nursing]

A) Give only oral antibiotics at home

B) Administer antipyretics and reassess

C) Refer urgently to a higher-level health facility

D) Observe at home for 24 hours

Answer: Refer urgently to a higher-level health facility

332). During a normal delivery, which sequence best describes the correct order of mechanisms in the second stage of labour? [Nursing]

A) Flexion, extension, internal rotation, descent

B) Descent, flexion, internal rotation, extension

C) Internal rotation, flexion, descent, extension

D) Extension, internal rotation, descent, flexion

Answer: Descent, flexion, internal rotation, extension

333). What is the expected weight of a normal 1-year-old baby? [Nursing]

A) Less than birth weight

B) Triple of birth weight

C) Same as birth weight

D) Double of birth weight

Answer: Triple of birth weight

334). नीचे दी गई लोकोक्ति का अर्थ बताइए - खाओ वहाँ तो पानी पीओ यहाँ [Hindi]

A) एक ही स्थान से सभी चीज़ें नहीं लेनी चाहिए

B) जल्द काम कर के वापस बुलाना

C) जहां भले बुरे का वचिार न हो

D) पूरी मजूरी देने से काम अच्छा होता है

Answer: जल्द काम कर के वापस बुलाना

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335). What is the most common cause of paralysis in adults? [Nursing]

A) Bladder stone blockage

B) Sudden heart failure

C) Severe skin infection

D) Stroke or brain attack

Answer: Stroke or brain attack

336). Why is increasing formal sector credit important for development? [India GK]

A) It excludes the poor from loans

B) It restricts economic activities

C) It increases profit for moneylenders

D) Curbs poor costly informal credit reliance

Answer: Curbs poor costly informal credit reliance

337). A government is considering ways to manage value conflicts caused by globalization. Which approach best balances social control and individual freedoms? [India GK]

A) Facilitating intercultural dialogue while upholding basic legal rights

B) Ignoring value conflicts to avoid confrontation

C) Imposing dominant culture values through strict regulation

D) Restricting media to prevent exposure to new values

Answer: Facilitating intercultural dialogue while upholding basic legal rights

338). Which of the following items is most effective in increasing dietary fibre intake? [Nursing]

A) Chicken nuggets, mashed potatoes, and applesauce

B) Lentil soup, whole grain toast, and a mixed greens salad

C) Spaghetti with meatballs and garlic bread

D) White rice, grilled fish, and boiled carrots

Answer: Lentil soup, whole grain toast, and a mixed greens salad

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339). Which of the following is one of the laws of chemical combination? [Nursing]

A) Law of Conservation of Charge

B) Law of Energy Conservation

C) Law of Electronegativity

D) Law of Conservation of Mass

Answer: Law of Conservation of Mass

340). A patient on a diuretic medication develops symptoms of electrolyte imbalance. Which dietary adjustment is most appropriate to address this condition? [Nursing]

A) Eliminating carbohydrates from the diet

B) Reducing all fluid intake regardless of symptoms

C) Consuming high-protein meals with minimal water

D) Increasing intake of potassium-rich foods along with adequate fluids

Answer: Increasing intake of potassium-rich foods along with adequate fluids

341). Which of the following is a Pervasive developmental disorder? [Nursing]

A) Autism

B) ADHD

C) OCD

D) Conduct disorders

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Answer: Autism

342). Which is the best indicator of dehydration in infants? [Nursing]

A) Sunken fontanelle

B) Low hemoglobin

C) Akinesia

D) Red eye

Answer: Sunken fontanelle

343). What term is used for an increase in the number of cells in an organ or tissue? [Nursing]

A) Atrophy

B) Hyperplasia

C) Metaplasia

D) Hypertrophy

Answer: Hyperplasia

344). Which of the following methods of O2 administration prevents microatelectasis? [Nursing]

A) Positive end-expiratory pressure

B) Non-rebreather mask

C) Nasal cannula

D) Venturi mask

Answer: Positive end-expiratory pressure

345). Which of the following was a major economic cause of the Industrial Revolution in Britain? [India GK]

A) Growth in cotton and iron industries

B) Political instability

C) Decline in agriculture

D) Lack of markets

Answer: Growth in cotton and iron industries

346). A Municipal Corporation is usually set up in: [India GK]

A) Big cities

B) Small towns

C) Tribal areas

D) Villages

Answer: Big cities

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347). Complete the sentence below by choosing the most suitable article from the following options. Have you fed ___ dog yet? [English]

A) a

B) the

C) an

D) no article

Answer: the

348). What action can a State Nursing Council take if a nurse is found guilty of professional misconduct? [Nursing]

A) Cancel or suspend the nurse’s registration

B) File police report only

C) Transfer the nurse to other hospital

D) Promote the nurse

Answer: Cancel or suspend the nurse’s registration

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349). A hospitalized infant becomes irritable and has disrupted sleep. What is the most appropriate nursing action? [Nursing]

A) Allowing frequent changes in caregivers

B) Encouraging parents to stay and maintain comforting routines

C) Providing unfamiliar toys to distract the infant

D) Keeping the infant in the nursery most of the day

Answer: Encouraging parents to stay and maintain comforting routines

350). Which plasma expander can interfere with blood cross-matching due to its effect on erythrocyte aggregation? [Nursing]

A) Albumin

B) Dextran

C) Hydroxyethyl starch

D) Gelatin

Answer: Dextran

351). A patient with defective collagen synthesis is most likely to experience which primary consequence related to connective tissue? [Nursing]

A) Weakened structural support in tissues

B) Impaired hormone release

C) Loss of pigment in skin

D) Poor nerve conduction

Answer: Weakened structural support in tissues

352). Immunization is an example of _____ [Nursing]

A) Emergency care

B) Primary prevention

C) Curative care

D) Tertiary prevention

Answer: Primary prevention

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353). Refer to the following series and answer the question (all numbers are single digit numbers only) (Counting to be done from left to right only): (Left) 4 6 5 2 3 7 1 7 4 3 4 5 7 2 5 6 9 3 4 5 2 3 8 7 9 8 (Right) How many such odd digits are there each of which is immediately preceded by an odd digit and also immediately followed by an odd digit? [Reasoning]

A) 1

B) 2

C) 4

D) 3

Answer: 2

354). Which among the following best describes the trade policy India followed from 1951 to 1991? [India GK]

A) Replacing or substituting imports with domestic production

B) Encouraging foreign direct investment to boost industrial growth

C) Liberalising trade by reducing tariffs and quotas on imports

D) Promoting exports of manufactured goods to earn foreign exchange

Answer: Replacing or substituting imports with domestic production

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355). Which property best distinguishes a T-dependent antigen from a T-independent antigen in the context of immune response activation? [Nursing]

A) Ability to activate only B cells

B) Resistance to enzymatic degradation

C) Ability to induce immunological memory

D) Polysaccharide nature

Answer: Ability to induce immunological memory

356). Which of the following is a vector-borne arthropod infection? [Nursing]

A) Typhoid

B) Hepatitis B

C) Tetanus

D) Dengue

Answer: Dengue

357). Which position is the most suitable for a sick child experiencing difficulty in breathing? [Nursing]

A) Semi-Fowler's with head elevated

B) Prone with pillow under chest

C) Trendelenburg position daily

D) Supine with arms raised

Answer: Semi-Fowler's with head elevated

358). दिए गए विकल्प में से क्रिया के उचित भेद को चुन कर वाक्य पूर्ण करें - रमा ने खाना पकाया। वाक्य में ..... क्रिया है। [Hindi]

A) पूर्वकालिक क्रिया

B) अकर्मक क्रिया

C) प्रेरणार्थक क्रिया

D) सकर्मक क्रिया

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Answer: सकर्मक क्रिया

359). Urbanisation is defined as: [India GK]

A) the movement of people from rural to town areas for overall growth

B) reducing communication with society

C) reducing communication with people of urban areas

D) the cause of poverty

Answer: the movement of people from rural to town areas for overall growth

360). A woman on long-term anticoagulation therapy is admitted in labor. Which medication is contraindicated due to its risk of fetal complications? [Nursing]

A) Aspirin

B) Warfarin

C) Low molecular weight heparin

D) Unfractionated heparin

Answer: Warfarin

361). During a legal inquiry, a hospital administrator is asked to provide patient records. Which approach best balances legal obligations and patient confidentiality? [Nursing]

A) Release records if the requesting party is a government official

B) Release records only with proper court authorization or patient consent

C) Release records upon verbal request from law enforcement

D) Release records after notifying the patient via email

Answer: Release records only with proper court authorization or patient consent

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362). What was a significant consequence of India's globalisation efforts initiated in 1991, as part of the economic reforms? [India GK]

A) Reduction in foreign exchange reserves due to increased imports

B) Complete elimination of tariffs on all imported goods

C) Decrease in GDP growth rate due to increased competition

D) Increase in foreign investment and economic growth

Answer: Increase in foreign investment and economic growth

363). During an internal audit, it is found that medication trays are frequently misplaced. Which intervention applies both hospitalization process and quality control principles? [Nursing]

A) Allow staff to store trays wherever convenient

B) Reduce the number of medication trays available

C) Implement a standardized tracking system for trays

D) Assign tray handling only to senior staff

Answer: Implement a standardized tracking system for trays

364). A major concern of prolonged thumb-sucking is _____. [Nursing]

A) improves finger control

B) leads to dental problems

C) causes eye strain issues

D) helps sleep patterns

Answer: leads to dental problems

365). Select the most appropriate word to fill in the blank. If he ___ harder, he would have passed the examination. [English]

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A) studies

B) has studied

C) had studied

D) studied

Answer: had studied

366). A 24-year-old college student presents with sudden onset fever, headache, and a petechial rash. Cerebrospinal fluid shows gram-negative diplococci. Which organism is most likely responsible for his condition? [Nursing]

A) Neisseria meningitidis

B) Acinetobacter baumannii

C) Moraxella catarrhalis

D) Escherichia coli

Answer: Neisseria meningitidis

367). A sentence has been given with highlighted text. You are required to replace the text with the correct proverb given in the options. He decided to start his own business despite the risks because he believes that courageous action is often rewarded. [English]

A) time and tide wait for no man

B) curiosity killed the cat

C) fortune favours the brave

D) haste makes waste

Answer: fortune favours the brave

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368). Which of the following chromosomal disorders is characterized by severe developmental and physical retardation, microcephaly and sloping forehead, polydactyly, congenital heart disease and capillary hemangiomata? [Nursing]

A) Klinefelter syndrome

B) Down syndrome

C) Edward syndrome

D) Patau syndrome

Answer: Patau syndrome

369). Complete the sentence with the correct article. After hours of searching, they finally reached ___ summit of Mount Everest, exhausted but triumphant. [English]

A) a

B) the

C) no article

D) an

Answer: the

370). Refer to the following letter series and answer the question. (Left) B Y M G H N U X S F Z O W F E K V T A D R (Right) How many letters are there in the English alphabetical series between the letter which is sixth from the right end and sixth from the left end of the series? [Reasoning]

A) Three

B) One

C) Four

D) Two

Answer: Two

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371). What could be the consequence if a candidate uses government vehicles for an election campaign after the announcement of elections? [India GK]

A) They must issue a public apology

B) The candidate must pay a fine

C) They will be disqualified from future elections

D) The court may invalidate the candidate's election

Answer: The court may invalidate the candidate's election

372). What is the appropriate compression-to-breath ratio in pediatric Basic Life Support (BLS) when only one rescuer is available? [Nursing]

A) 01-Jan-1900

B) 31-Dec-1899

C) 31-Dec-1899

D) 31-Dec-1899

Answer: 01-Jan-1900

373). Which of the following is a primary purpose of the hospital discharge procedure? [Nursing]

A) To ensure continuity of care after leaving the hospital

B) To admit new patients immediately

C) To assign a new hospital room

D) To schedule laboratory tests

Answer: To ensure continuity of care after leaving the hospital

374). Which antiplatelet agent is preferred for stroke prevention in patients with aspirin intolerance? [Nursing]

A) Tirofiban

B) Abciximab

C) Ticlopidine

D) Clopidogrel

Answer: Clopidogrel

375). A person with blood group AB can receive blood from a person with blood group _____. [Nursing]

A) O only

B) A, B, AB, and O

C) B only

D) A only

Answer: A, B, AB, and O

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376). The most effective component of social mobilisation is: [Nursing]

A) health camp

B) community participation

C) passive participation by healthcare workers

D) community leaders keeping health information private

Answer: community participation

377). Which assessment finding should alert the nurse to the possibility of brain herniation in a patient with a nervous system emergency? [Nursing]

A) Unilateral fixed and dilated pupil

B) Bilateral constricted pupils

C) Both pupils reactive to light equally

D) Brisk pupil reaction to light

Answer: Unilateral fixed and dilated pupil

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378). A pediatric nurse notices a child withdrawing during a family consultation. Which action can help encourage the child's participation in the discussion? [Nursing]

A) Ignoring the child to avoid discomfort

B) Providing only written materials for review

C) Expecting the family to interpret for the child

D) Asking open-ended questions directed at the child

Answer: Asking open-ended questions directed at the child

379). In a certain code language, 'we start early' is coded as 'nf yw su' and 'the early bird' is coded as 'bh dq yw'. How is 'early' coded in the given language? [Reasoning]

A) nf

B) yw

C) su

D) dq

Answer: yw

380). A community health nurse is developing a program to reduce the incidence of vaccine-preventable diseases in children under five years. Which approach best represents primary prevention in this scenario? [Nursing]

A) Providing nutrition rehabilitation for children with vaccine-preventable diseases

B) Treating children with vaccine-preventable diseases

C) Organizing routine immunization campaigns in the areas

D) Conducting early screening for developmental delays and immediate treatment options

Answer: Organizing routine immunization campaigns in the areas

381). Which of the following would NOT be included in a standard dietary assessment? [Nursing]

A) Food frequency questionnaire

B) 24-hour dietary recall

C) Food diary

D) Measuring skinfold thickness

Answer: Measuring skinfold thickness

382). 'उल्टा चोर कोतवाल को डाँटे' – लोकोक्ति का उचित अर्थ क्या है? [Hindi]

A) अपराध करके भी धौंस जमाना

B) सबको खुश नहीं किया जा सकता है

C) सबका प्रिय होना

D) किस्मत से मिलना

Answer: अपराध करके भी धौंस जमाना

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383). A chronic smoker develops squamous cells in the bronchial epithelium, which are normally ciliated columnar. Which adaptation is represented? [Nursing]

A) Hyperplasia

B) Metaplasia

C) Hypertrophy

D) Dysplasia

Answer: Metaplasia

384). Zika virus disease is transmitted by the bite of which of the following infected mosquitoes? [Nursing]

A) Mansonia

B) Anopheles

C) Culex

D) Aedes aegypti

Answer: Aedes aegypti

385). If the Indian textile industry aims to reduce its reliance on imported fabric, which sector should be prioritised for improvement? [India GK]

A) Raw cotton production

B) Spinning sector

C) Weaving and processing sector

D) Apparel manufacturing sector

Answer: Weaving and processing sector

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386). Why did the Indian National Congress begin to seriously mobilise the working class from the 1920s onwards? [India GK]

A) To curb mass revolt and bolster anti-imperialism

B) To oppose the Communists only

C) To support only Indian-owned industries

D) To abolish all trade unions

Answer: To curb mass revolt and bolster anti-imperialism

387). A neonate born to a diabetic mother shows initial blood glucose value of less than 20 mg/dl. The lab test confirms the report. What should be the next course of action in this case? [Nursing]

A) Start intravenous glucose infusion

B) Trial of oral feed is given

C) Monitor blood sugar every 6 hours

D) Advice mother to give frequent feeding

Answer: Start intravenous glucose infusion

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388). A hospital administrator is developing a policy to manage shift handovers between medical and nursing teams. Which element should be included to promote effective coordination? [Nursing]

A) Flexible handover timings

B) Mandatory use of handover checklists

C) Verbal updates without documentation

D) Electronic reminders for staff

Answer: Mandatory use of handover checklists

389). Which of the following hill states in Himachal Pradesh officially participated in the 1857 Revolt against the British? [HP GK]

A) Sirmaur

B) Rampur Bushahr

C) Bilaspur

D) Mandi

Answer: Rampur Bushahr

390). What is the main goal of community-based rehabilitation? [Nursing]

A) Increase medical costs

B) Promote complete isolation

C) Create new hospitals

D) Improve quality of life

Answer: Improve quality of life

391). What is the trend of ionisation energy as you move from left to right across a period? [Nursing]

A) Remains constant

B) Decreases

C) First increases and then decreases

D) Increases

Answer: Increases

392). Which of the following mainly affects high staff turnover in healthcare? [Nursing]

A) Store records

B) Administrative salary

C) Quality of patient care

D) Building maintenance

Answer: Quality of patient care

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393). In 2025, Columbia University professor Gayatri Chakravorty Spivak was honored with which prestigious international award? [Current Affairs]

A) Booker Prize 2025

B) Holberg Prize 2025

C) Nobel Prize in Literature 2025

D) Ramon Magsaysay Award 2025

Answer: Holberg Prize 2025

394). Which chamber of the heart receives deoxygenated blood from the body? [Nursing]

A) Left ventricle

B) Right atrium

C) Right ventricle

D) Left atrium

Answer: Right atrium

395). Which chamber of the heart pumps oxygenated blood into the systemic circulation? [Nursing]

A) Left atrium

B) Right ventricle

C) Left ventricle

D) Right atrium

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Answer: Left ventricle

396). A healthcare worker educates families on handwashing to reduce the spread of hepatitis A. Which type of prevention is this? [Nursing]

A) Secondary prevention

B) Primary prevention

C) Tertiary prevention

D) Quarantine

Answer: Primary prevention

397). A patient with severe asthma is not responding adequately to inhaled corticosteroids and long-acting beta-2 agonists. Which medication could be added as a leukotriene receptor antagonist to improve control? [Nursing]

A) Formoterol

B) Montelukast

C) Fluticasone

D) Ipratropium

Answer: Montelukast

398). Which electrolyte imbalance is commonly seen in parathyroid disorders? [Nursing]

A) Iron

B) Sodium

C) Calcium

D) Chloride

Answer: Calcium

399). What is generally indicated by a MUAC measurement of less than 115 mm in a child? [Nursing]

A) Severe acute malnutrition

B) Moderate malnutrition

C) Normal nutritional status

D) Overweight or obesity

Answer: Severe acute malnutrition

400). A tentative prediction or explanation of the relationship between two or more variables is called _____. [Nursing]

A) Self report

B) Assumption

C) Hypotheses

D) Questionnaire

Answer: Hypotheses

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401). What is the primary purpose of first aid? [Nursing]

A) To replace professional medical treatment completely

B) To diagnose medical conditions accurately

C) To delay medical attention as long as possible

D) To provide immediate care before professional help arrives

Answer: To provide immediate care before professional help arrives

402). A nurse is caring for a client with increased metabolic needs due to severe burns. Which macronutrient should be prioritized to support tissue repair? [Nursing]

A) Fat

B) Fiber

C) Protein

D) Carbohydrates

Answer: Protein

403). While choosing the sterilization method, the most important factor to be considered is: [Nursing]

A) Time

B) Convenience

C) Cost

D) Type of equipment

Answer: Type of equipment

404). Which of the following is the highest dam in India and a multi-purpose rock and earth-fill dam on the Bhagirathi River? [India GK]

A) Bhakra Nangal

B) Hirakud

C) Koyna

D) Tehri

Answer: Tehri

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405). What is the main influence on a child's early development (ages 0–5 years)? [Nursing]

A) Social media trends

B) Local school board

C) Family environment

D) Peer group contact

Answer: Family environment

406). 'चोर के पैर नहीं होते' लोकोक्ति का सही अर्थ क्या होगा? [Hindi]

A) बेईमानी का पैसा बुरे कामों में लग जाता है।

B) दोषी व्यक्ति अपने-आप फँसता है।

C) घुस पानेवाला कभी न कभी पकड़ा जाता है।

D) आदतें पक्की होती हैं, बदलती नहीं हैं।

Answer: दोषी व्यक्ति अपने-आप फँसता है।

407). A realistic approach of estimating the nursing manpower demand by identifying regions that are similar in their demographic and health profile but are different in their costs and deployment of health care resources is: [Nursing]

A) Economic demand approach

B) Benchmarking approach

C) Service target based approach

D) Normative approach

Answer: Benchmarking approach

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408). A hospital administrator reviews data showing high rates of absenteeism and turnover among nursing staff. Which intervention would best promote nurse retention and reduce absenteeism? [Nursing]

A) Increase patient-to-nurse ratios

B) Assign less desirable shifts to frequent absentees

C) Implement professional development and recognition programs

D) Decrease orientation periods for new hires

Answer: Implement professional development and recognition programs

409). Which of the following maternal behaviors poses the greatest risk to normal fetal development? [Nursing]

A) Adequate hydration

B) Smoking

C) High intake of folic acid

D) Moderate exercise

Answer: Smoking

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410). Which practice directly interrupts the chain of infection in a hospital setting by eliminating pathogenic organisms from surfaces? [Nursing]

A) Using cloth towels for hand drying

B) Keeping windows closed

C) Routine disinfection of frequently touched areas

D) Wearing gloves without changing them

Answer: Routine disinfection of frequently touched areas

411). Which scenario most accurately reflects the multifactorial nature of cancer etiology described in oncology nursing foundations? [Nursing]

A) A patient exposed to ultraviolet radiation once develops malignant melanoma

B) A patient develops colon cancer solely due to a single APC gene mutation

C) A smoker with a strong family history of cancer develops lung cancer after long-term asbestos exposure

D) Breast cancer occurs only in individuals with inherited BRCA mutations

Answer: A smoker with a strong family history of cancer develops lung cancer after long-term asbestos exposure

412). A 50-year-old patient presents with dizziness and a weak, irregular pulse. During assessment, the nurse counts 44 beats per minute at the radial artery and notes occasional missed beats. Which action is most appropriate for the nurse to take next? [Nursing]

A) Apply a warm compress to the patient's wrist

B) Immediately notify the healthcare provider of findings

C) Assess the apical pulse for a full minute for accuracy

D) Recheck the radial pulse on the opposite wrist

Answer: Assess the apical pulse for a full minute for accuracy

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413). Refer to the following number-symbol series and answer the question that follows. Counting is to be done from left to right only. (Left) ? 6 # 7 > $ + $6 < > 9 7 ^ < ^ @ 8 > <$ (Right) How many such numbers are there each of which is immediately preceded by another number and also immediately followed by a symbol? [Reasoning]

A) Two

B) One

C) Four

D) Three

Answer: One

414). ‘अब पछताए होत का जब चड़िया चुग गई खेत’- लोकोक्ति का उचित अर्थ क्या है? [Hindi]

A) नराशावादी दृष्टकोण रखना

B) अपनी गलती से हानि हो जाने पर पछतावा व्यर्थ है

C) ऊँचा स्थान पाकर घमण्ड करना

D) समय से पीछे चलना अच्छा है

Answer: अपनी गलती से हानि हो जाने पर पछतावा व्यर्थ है

415). A nurse is preparing to feed a patient who has difficulty in swallowing. Which approach is most appropriate to promote safety and adequate nutrition? [Nursing]

A) Offer small bites and allow time to chew and swallow

B) Serve all food together and feed rapidly

C) Provide only liquid foods to speed up feeding

D) Encourage talking during swallowing

Answer: Offer small bites and allow time to chew and swallow

416). Seven people, E, F, G, H, I, J and K are sitting in a straight line, facing north. Only five people sit to the right of I. Only three people sit between G and I. K sits second to the right of E. F sits to the immediate right of E. J is not an immediate neighbour of G. How many people sit between J and K? [Reasoning]

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A) One

B) Two

C) Three

D) Four

Answer: Two

417). Which non-communicable disease can lead to complications such as retinopathy, nephropathy, and neuropathy? [Nursing]

A) Diabetes mellitus

B) Hyperthyroidism

C) Epilepsy

D) Tuberculosis

Answer: Diabetes mellitus

418). Which of the following factors would NOT contribute to a farmer falling into a debt trap? [India GK]

A) Pests damaging crops

B) High market demand for the crop

C) Reliance on moneylenders

D) Crop failure

Answer: High market demand for the crop

419). Which term best describes an allele that is expressed only when both copies are identical? [Nursing]

A) Dominant

B) Codominant

C) Recessive

D) Incomplete

Answer: Recessive

420). Which organ is mainly affected in Wilms tumour? [Nursing]

A) Kidney of the child

B) Liver of the child

C) Heart of the child

D) Lungs of the child

Answer: Kidney of the child

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421). What is commonly assessed by the anthropometric measurements? [Nursing]

A) Food preferences, food taboos and cultural beliefs

B) Psychological factors affecting eating habits

C) Physical body measurements like height and weight

D) Biochemical markers in the blood and urine

Answer: Physical body measurements like height and weight

422). When an object is placed between the pole (P) and the focus (F) of a concave mirror, what kind of image is formed? [Nursing]

A) Virtual, erect, and enlarged.

B) Virtual, erect, and point-sized.

C) Real, inverted, and diminished.

D) Real, inverted, and same size.

Answer: Virtual, erect, and enlarged.

423). Which disorder is characterized by painless abdominal swelling and proteinuria in children? [Nursing]

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A) Appendicitis

B) Acute glomerulonephritis

C) Intussusception

D) Nephrotic syndrome

Answer: Nephrotic syndrome

424). A patient experiencing constipation seeks advice from the nurse. Which of the following dietary modifications can help alleviate this problem? [Nursing]

A) Eat high protein diet

B) Drink plenty of carbonated beverages

C) Eat fiber-rich foods

D) Eat less fruits and vegetables

Answer: Eat fiber-rich foods

425). A 60-year-old patient with open-angle glaucoma is prescribed a topical medication that increases the outflow of aqueous humor through the trabecular meshwork. Which drug is most likely being administered? [Nursing]

A) Brimonidine eye drops

B) Acetazolamide tablets

C) Latanoprost eye drops

D) Timolol eye drops

Answer: Latanoprost eye drops

426). Which of the following is the first piece of PPE to be donned? [Nursing]

A) Mask

B) Gown

C) Gloves

D) Face shield

Answer: Gown

427). निम्नलिखित वाक्य को उचित गुणवाचक विशेषण द्वारा पूरण करें। तुम्हारा ___ कुरता कहाँ है, मुझे आज पहनना है। [Hindi]

A) एक

B) वह

C) काला

D) दूसरा

Answer: काला

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428). Select the option that can be used as a one-word substitute for the underlined group of words in the following sentence. She was declared legally insane in a rigged trial and was put in an establishment for the medical treatment of people who are chronically ill. [English]

A) a laboratorium

B) an auditorium

C) a sanatorium

D) a planetarium

Answer: a sanatorium

429). Which category of drugs is used to reduce fever in children? [Nursing]

A) Antiemetics

B) Antibiotics

C) Analgesics

D) Antipyretics

Answer: Antipyretics

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430). Which chromosomal abnormality is associated with clenched fists, micrognathia, and cardiac defects and carries a poor prognosis? [Nursing]

A) Monosomy X

B) Trisomy 18 (Edwards syndrome)

C) Trisomy 13 (Patau syndrome)

D) Trisomy 21

Answer: Trisomy 18 (Edwards syndrome)

431). A patient undergoing warfarin therapy is monitored using prothrombin time because warfarin affects which part of the coagulation cascade? [Nursing]

A) Common pathway

B) Extrinsic pathway

C) Fibrinolytic pathway

D) Intrinsic pathway

Answer: Extrinsic pathway

432). As per the Himachal Pradesh Human Development Report 2025 (prepared by the Government of Himachal Pradesh, in partnership with the United Nations Development Programme), what was the multidimensional poverty level in Himachal Pradesh in 2019–2021? [HP GK]

A) 0.049

B) 0.015

C) 0.107

D) 0.069

Answer: 0.049

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433). The practice of nursing in India is regulated through registration (license to practice) as RN and RM by which of the following bodies? [Nursing]

A) Indian Nursing Council

B) State Nursing Council

C) Trained Nurses Association of India

D) Christian Medical Association of India

Answer: State Nursing Council

434). To prevent infection in patients with an indwelling urinary catheter, which nursing action is most important? [Nursing]

A) Increasing oral fluid intake

B) Maintaining a closed drainage system

C) Ensuring daily catheter irrigation

D) Changing the catheter site dressing daily

Answer: Maintaining a closed drainage system

435). A nurse is assessing a patient with suspected heart failure. Which assessment finding most strongly indicates fluid overload related to cardiovascular dysfunction? [Nursing]

A) Brisk capillary refill in nail beds

B) Warm and dry skin on extremities

C) Presence of bilateral ankle edema

D) Clear breath sounds on auscultation

Answer: Presence of bilateral ankle edema

436). Which of the following is an autosomal dominant disorder? [Nursing]

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A) Phenylketonuria

B) Beta Thalassemia

C) Sickle cell disease

D) Marfan syndrome

Answer: Marfan syndrome

437). A 3-year-old develops a high fever, irritability, and a bulging fontanelle. Which pediatric disease is most consistent with these findings? [Nursing]

A) Pneumonia

B) Otitis media

C) Meningitis

D) Bronchitis

Answer: Meningitis

438). What is the purpose of a data collection tool in nursing research? [Nursing]

A) Store outcomes

B) Guide procedure

C) Measure variables

D) Ensure privacy

Answer: Measure variables

439). Which structure is responsible for producing sweat in the skin? [Nursing]

A) Meissner's corpuscle

B) Hair follicle

C) Eccrine gland

D) Sebaceous gland

Answer: Eccrine gland

440). Which of the following is the primary factor responsible for the wide variation in climatic conditions in Himachal Pradesh? [HP GK]

A) Distance from the sea

B) Variation in elevation

C) Latitude

D) Ocean currents

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Answer: Variation in elevation

441). Which valve is commonly affected in rheumatic heart disease? [Nursing]

A) Aortic valve

B) Mitral valve

C) Pulmonary valve

D) Tricuspid valve

Answer: Mitral valve

442). Where were the 2025 FISU Winter World University Games held in January, in which for the first time para sports took place as part of the main sporting programme? [Current Affairs]

A) Lake Placid, USA

B) Turin, Italy

C) Harbin, China

D) Grenoble, France

Answer: Turin, Italy

443). Which neurotransmitter dysfunction is most implicated in the etiology of obsessive-compulsive disorder (OCD)? [Nursing]

A) Serotonin

B) Oxytocin

C) Acetylcholine

D) Noradrenaline

Answer: Serotonin

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444). A hospital is evaluating two cleaning methods: dry dusting and wet mopping. Which method is more effective for reducing airborne bacteria in wards, and why? [Nursing]

A) Wet mopping, because it traps dust and microbes rather than dispersing them

B) Wet mopping, because it increases airborne bacteria

C) Dry dusting, because it is faster and less labor-intensive

D) Dry dusting, because it sterilizes surfaces

Answer: Wet mopping, because it traps dust and microbes rather than dispersing them

445). Which exercise is commonly recommended to strengthen the pelvic floor muscles after childbirth? [Nursing]

A) Arm stretches

B) Kegel exercises

C) Toe raises

D) Neck rotations

Answer: Kegel exercises

446). When should oral drugs not be given? [Nursing]

A) If patient is vomiting

B) If patient is sitting

C) If patient is awake

D) If patient is eating

Answer: If patient is vomiting

447). The digestion of excess or worn out organelles, food particles and engulfed bacteria and viruses is done by: [Nursing]

A) Golgi apparatus

B) Centrosomes

C) Lysosomes

D) Endoplasmic reticulum

Answer: Lysosomes

448). A quality framework model that measures quality as structure, process and outcome is the: [Nursing]

A) Quality management model

B) Donabedian model

C) ANA model

D) Wilson’s model

Answer: Donabedian model

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449). The Chauri-Chaura incident led to the withdrawal of which of the following mass movements? [India GK]

A) Quit India Movement

B) Civil Disobedience Movement

C) Non-cooperation Movement

D) Khilafat Movement

Answer: Non-cooperation Movement

450). Which action is fundamental when providing first aid to an injured person before professional help arrives? [Nursing]

A) Starting CPR immediately

B) Ensuring the scene is safe

C) Delaying care until the exact diagnosis is confirmed

D) Attempting to realign fractured limbs at the injury site

Answer: Ensuring the scene is safe

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451). A patient's BMI is calculated as 14.5. According to standard classifications, this would be classified as: [Nursing]

A) Obese

B) Overweight

C) Normal weight

D) Underweight

Answer: Underweight

452). What is indicated by the reticulocyte count in the blood? [Nursing]

A) The number of immature red blood cells

B) The amount of oxygen in the blood

C) The number of white blood cells

D) The number of platelets in the blood

Answer: The number of immature red blood cells

453). A pregnant woman in her second trimester reports experiencing heartburn after meals. Which intervention is most appropriate to alleviate this minor ailment? [Nursing]

A) Suggesting immediate intake of citrus juices after meals

B) Recommending a high-fat evening meal

C) Encouraging small, frequent meals throughout the day

D) Advising complete bed rest after eating

Answer: Encouraging small, frequent meals throughout the day

454). During a patient teaching session, a nurse notices the patient appears distracted and is not making eye contact. What action the nurse should do to maintain an effective therapeutic relationship? [Nursing]

A) Repeat the teaching session from the beginning

B) Continue with the planned teaching without addressing the distraction

C) Increase the pace of the teaching to complete the session

D) Pause the teaching and assess the patient's readiness to learn

Answer: Pause the teaching and assess the patient's readiness to learn

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455). Which of the following is part of the internal female genitalia? [Nursing]

A) Vulva

B) Clitoris

C) Labia

D) Ovaries

Answer: Ovaries

456). A traditional format for documentation of patient-related data and nursing care is: [Nursing]

A) CBE charting

B) Pie charting

C) Narrative charting

D) Focus charting

Answer: Narrative charting

457). Which enzyme type is most appropriate for catalyzing the transfer of a phosphate group from ATP to a substrate in metabolic pathways? [Nursing]

A) Hydrolase

B) Kinase

C) Isomerase

D) Ligase

Answer: Kinase

458). वह आक्रोश से .....उठा था। उपरोक्त वाक्य में रिक्त स्थान की पूर्ति के लिए उचित क्रिया-विशेषण शब्द का चयन करें – [Hindi]

A) पड़ा

B) भर

C) दे

D) सकता

Answer: भर

459). An irregular pulse rate with skipped beat in between is known as: [Nursing]

A) Arrhythmia

B) Bradycardia

C) Tachycardia

D) Pulse- deficit

Answer: Arrhythmia

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460). Select the antonym of 'expand' from the sentence. Instead of electing to amplify the core business, the manager, citing fiscal caution, decided to drastically curtail its peripheral, non-essential operations. [English]

A) curtail

B) peripheral

C) amplify

D) citing

Answer: curtail

461). Social changes are defined as: [India GK]

A) changes in individual personality

B) economical changes in society only

C) changes in the political structure only

D) permanent changes in social structure and cultural patterns in a society over time

Answer: permanent changes in social structure and cultural patterns in a society over time

462). Which of the following best describes qualitative research? [Nursing]

A) Explores numerical data using statistical methods

B) Focuses on exploring human experiences and meanings

C) Measures biochemical parameters in lab settings

D) Tests hypotheses using randomized controlled trials

Answer: Focuses on exploring human experiences and meanings

463). Which of the following is the primary objective of the Right to Information Act 2005 in India? [India GK]

A) To promote transparency and accountability in the functioning of public authorities

B) To empower government to hide information

C) To delay decision-making processes in government

D) To ensure secrecy in government operations

Answer: To promote transparency and accountability in the functioning of public authorities

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464). For balanced industrial and service sector development, into how many areas is Himachal Pradesh state categorized under Himachal Pradesh Industrial Investment Policy, 2019? [HP GK]

A) 4

B) 3

C) 2

D) 10

Answer: 3

465). What should come in place of ? in the given series based on the English alphabetical order? EPJ HSM KVP NYS ? [Reasoning]

A) QBV

B) PBV

C) QBU

D) QBW

Answer: QBV

466). Which blood disorder is caused by a lack of clotting factor VIII? [Nursing]

A) Haemophilia type A

B) Thalassemia major

C) Anaemia from iron loss

D) Sickle cell anaemia

Answer: Haemophilia type A

467). Agenesis of the Corpus Callosum is a feature of? [Nursing]

A) Edward syndrome

B) Turner syndrome

C) Aicardi syndrome

D) Angelman syndrome

Answer: Aicardi syndrome

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468). After pneumonectomy surgery, which of the following positions is recommended to reduce complications like mediastinal shift and promote optimal recovery? [Nursing]

A) Supine with head elevated and operated side down

B) Lateral decubitus with the non-operated lung uppermost

C) Prone with arms extended forward

D) Lateral decubitus with the operated lung uppermost

Answer: Lateral decubitus with the non-operated lung uppermost

469). Which key test was conducted by ISRO on 28th March 2025 to advance its semicryogenic engine development? [Current Affairs]

A) Cold flow test of cryogenic lines

B) Booster combustion analysis

C) Flight test of the complete launch vehicle

D) Hot test of the Engine Power Head Test Article

Answer: Hot test of the Engine Power Head Test Article

470). Which of the following diagnostic evaluations is used when cretinism is suspected? [Nursing]

A) Thyroid Function Test

B) Cytogenic evaluation

C) Chronic villi Sampling

D) Electo encephalogram

Answer: Thyroid Function Test

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471). A chronic alcoholic complains of recurrent epigastric pain and is diagnosed with a peptic ulcer. Which of the following interventions best addresses the underlying pathophysiology? [Nursing]

A) Use of anticholinergic medications

B) Partial gastrectomy

C) Total parenteral nutrition

D) Eradication of Helicobacter pylori infection

Answer: Eradication of Helicobacter pylori infection

472). Which action should a nurse take before administering intravenous digoxin to a patient with atrial fibrillation? [Nursing]

A) Assess the patient’s apical pulse for one minute

B) Ask about allergy to penicillin

C) Check the radial pulse for thirty seconds

D) Review laboratory potassium result

Answer: Assess the patient’s apical pulse for one minute

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473). What is India’s rank in the Climate Change Performance Index (CCPI) for 2025? [Current Affairs]

A) 7th

B) 14th

C) 18th

D) 10th

Answer: 10th

474). Which scheme was launched in 2018 by the Himachal Pradesh Government to develop and promote untapped tourist destinations in the state? [HP GK]

A) Shivalik Eco-Tourism Mission

B) Him Darshan Yojana

C) Paryatan Vikas Abhiyan

D) Nai Raahein, Nayi Manzilein

Answer: Nai Raahein, Nayi Manzilein

475). Which enzyme is primarily responsible for the breakdown of starch into maltose during carbohydrate digestion in the human body? [Nursing]

A) Lactase

B) Protease

C) Sucrase

D) Amylase

Answer: Amylase

476). Which of the following is a primary function of carbohydrates in the body? [Nursing]

A) Maintaining fluid balance

B) Providing energy for daily activities

C) Assisting in hormone production

D) Promoting bone mineralization

Answer: Providing energy for daily activities

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477). A nurse researcher is planning to study learning needs of nursing students on isolation nursing practices. She establishes a sampling frame of undergraduate nursing students attending Delhi University. Which method of probability sampling is she using? [Nursing]

A) Cluster Sampling

B) Simple Random Sampling

C) Systematic Sampling

D) Quota Sampling

Answer: Simple Random Sampling

478). When is the ideal time for documenting the administration of a drug to a patient? [Nursing]

A) While taking over the patient

B) While handing over the patient

C) Before administering drug

D) After administering drug

Answer: After administering drug

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479). All of the following are the main functions of calcium in the body, EXCEPT: [Nursing]

A) Assisting in blood clotting

B) Enhancing vision

C) Supporting muscle contraction

D) Building and maintaining strong bones and teeth

Answer: Enhancing vision

480). Ringing & buzzing sensation in ear is termed as: [Nursing]

A) Vertigo

B) Swimmer’s ear

C) Tinnitus

D) Tugging

Answer: Tinnitus

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